US HARBORS www.USHarbors.com

Island Beach, NJ - Jul 1810

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:23	0.4	10:32	0.4	4:52	0.0	4:45	0.0	4:34	7:32	
2	Mon	11:05	0.4	11:10	0.4	5:34	0.0	5:28	0.0	4:35	7:32	
3	Tue	11:46	0.4	11:46	0.4	6:14	0.0	6:09	0.0	4:35	7:32	
4	Wed			12:28	0.4	6:51	0.0	6:48	0.1	4:36	7:32	
5	Thu	12:22	0.4	1:10	0.4	7:26	0.0	7:25	0.1	4:36	7:31	
6	Fri	12:59	0.4	1:52	0.4	7:59	0.0	8:02	0.1	4:37	7:31	
7	Sat	1:37	0.4	2:35	0.4	8:34	0.0	8:44	0.1	4:38	7:31	
8	Sun	2:21	0.4	3:18	0.4	9:11	0.1	9:35	0.1	4:38	7:31	
9	Mon	3:10	0.4	4:02	0.4	9:57	0.1	10:40	0.1	4:39	7:30	
10	Tue	4:02	0.4	4:50	0.4	10:55	0.1	11:49	0.1	4:40	7:30	
11	Wed	4:58	0.4	5:44	0.4	11:57	0.0			4:40	7:29	
12	Thu	6:01	0.4	6:45	0.4	12:54	0.1	12:58	0.0	4:41	7:29	
13	Fri	7:10	0.4	7:47	0.5	1:53	0.0	1:57	0.0	4:42	7:29	
14	Sat	8:15	0.4	8:45	0.5	2:50	0.0	2:54	0.0	4:42	7:28	
15	Sun	9:14	0.4	9:39	0.5	3:45	0.0	3:50	0.0	4:43	7:28	
16	Mon	10:09	0.4	10:32	0.5	4:39	0.0	4:48	0.0	4:44	7:27	
17	Tue	11:03	0.4	11:24	0.5	5:32	-0.1	5:44	0.0	4:45	7:26	
18	Wed	11:57	0.5			6:23	-0.1	6:37	0.0	4:45	7:26	
19	Thu	12:18	0.5	12:53	0.5	7:11	-0.1	7:29	0.0	4:46	7:25	
20	Fri	1:12	0.5	1:50	0.4	7:59	-0.1	8:22	0.0	4:47	7:24	
21	Sat	2:08	0.5	2:46	0.4	8:48	0.0	9:19	0.0	4:48	7:24	
22	Sun	3:03	0.4	3:39	0.4	9:40	0.0	10:20	0.1	4:49	7:23	
23	Mon	3:57	0.4	4:31	0.4	10:35	0.0	11:25	0.1	4:50	7:22	
24	Tue	4:49	0.4	5:22	0.4	11:32	0.0			4:50	7:21	
25	Wed	5:43	0.4	6:15	0.4	12:26	0.1	12:27	0.1	4:51	7:21	
26	Thu	6:40	0.3	7:09	0.4	1:22	0.1	1:18	0.1	4:52	7:20	
27	Fri	7:37	0.3	8:01	0.4	2:12	0.1	2:06	0.1	4:53	7:19	
28	Sat	8:29	0.4	8:48	0.4	2:58	0.0	2:51	0.1	4:54	7:18	
29	Sun	9:16	0.4	9:30	0.4	3:42	0.0	3:36	0.0	4:55	7:17	
30	Mon	9:59	0.4	10:09	0.4	4:24	0.0	4:20	0.0	4:56	7:16	
31	Tue	10:39	0.4	10:45	0.4	5:06	0.0	5:04	0.0	4:57	7:15	