US HARBORS www.USHarbors.com

Island Beach, NJ - Jan 1830

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:20	0.4	3:40	0.4	9:56	0.0	10:28	0.0	7:22	4:46	
2	Sat	4:17	0.4	4:38	0.4	11:09	0.0	11:31	0.0	7:22	4:47	
3	Sun	5:15	0.4	5:39	0.4			12:18	0.0	7:22	4:48	
4	Mon	6:16	0.4	6:43	0.3	12:32	0.0	1:22	0.0	7:22	4:48	
5	Tue	7:19	0.4	7:46	0.3	1:30	0.0	2:20	0.0	7:22	4:49	
6	Wed	8:17	0.4	8:44	0.4	2:24	0.0	3:13	0.0	7:22	4:50	
7	Thu	9:09	0.4	9:36	0.4	3:15	0.0	4:05	-0.1	7:22	4:51	
8	Fri	9:56	0.4	10:24	0.4	4:05	0.0	4:54	-0.1	7:22	4:52	
9	Sat	10:40	0.4	11:10	0.4	4:54	0.0	5:40	-0.1	7:22	4:53	
10	Sun	11:23	0.4	11:55	0.4	5:40	0.0	6:23	-0.1	7:21	4:54	
11	Mon			12:06	0.4	6:24	0.0	7:02	0.0	7:21	4:55	
12	Tue	12:40	0.3	12:48	0.4	7:04	0.0	7:40	0.0	7:21	4:56	
13	Wed	1:26	0.3	1:32	0.4	7:44	0.0	8:17	0.0	7:21	4:57	
14	Thu	2:13	0.3	2:17	0.3	8:25	0.0	8:56	0.0	7:20	4:58	
15	Fri	2:59	0.3	3:02	0.3	9:10	0.0	9:39	0.0	7:20	4:59	
16	Sat	3:45	0.3	3:48	0.3	10:04	0.1	10:29	0.0	7:19	5:00	
17	Sun	4:30	0.3	4:35	0.3	11:08	0.1	11:25	0.0	7:19	5:02	
18	Mon	5:16	0.3	5:26	0.3			12:11	0.1	7:19	5:03	
19	Tue	6:07	0.3	6:24	0.3	12:21	0.0	1:09	0.0	7:18	5:04	
20	Wed	7:03	0.3	7:26	0.3	1:15	0.0	2:02	0.0	7:18	5:05	
21	Thu	7:56	0.4	8:21	0.3	2:05	0.0	2:51	0.0	7:17	5:06	
22	Fri	8:45	0.4	9:10	0.3	2:54	0.0	3:39	0.0	7:16	5:07	
23	Sat	9:30	0.4	9:55	0.3	3:42	0.0	4:27	-0.1	7:16	5:08	
24	Sun	10:15	0.4	10:40	0.4	4:31	0.0	5:14	-0.1	7:15	5:10	
25	Mon	10:59	0.4	11:26	0.4	5:21	-0.1	6:00	-0.1	7:14	5:11	
26	Tue	11:46	0.4			6:09	-0.1	6:45	-0.1	7:14	5:12	
27	Wed	12:15	0.4	12:36	0.4	6:57	-0.1	7:29	-0.1	7:13	5:13	
28	Thu	1:07	0.4	1:29	0.4	7:47	-0.1	8:15	-0.1	7:12	5:14	
29	Fri	2:03	0.4	2:26	0.4	8:40	0.0	9:05	-0.1	7:11	5:16	
30	Sat	3:00	0.4	3:24	0.4	9:41	0.0	10:02	0.0	7:10	5:17	
31	Sun	3:57	0.4	4:22	0.3	10:50	0.0	11:06	0.0	7:09	5:18	