US HARBORS www.USHarbors.com

Island Beach, NJ - Mar 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:00	0.4	4:29	0.3	11:14	0.0	11:06	0.0	6:29	5:47	
2	Mon	5:05	0.4	5:40	0.3			12:31	0.0	6:28	5:48	
3	Tue	6:18	0.4	6:56	0.3	12:31	0.0	1:36	0.0	6:26	5:50	
4	Wed	7:31	0.4	8:05	0.3	1:42	0.0	2:33	0.0	6:25	5:51	
5	Thu	8:33	0.4	9:03	0.4	2:43	0.0	3:26	-0.1	6:23	5:52	
6	Fri	9:27	0.4	9:54	0.4	3:40	-0.1	4:16	-0.1	6:22	5:53	
7	Sat	10:16	0.5	10:42	0.4	4:35	-0.1	5:05	-0.1	6:20	5:54	
8	Sun	11:04	0.4	11:29	0.4	5:28	-0.1	5:50	-0.1	6:19	5:55	
9	Mon	11:51	0.4			6:17	-0.1	6:34	-0.1	6:17	5:56	
10	Tue	12:16	0.4	12:40	0.4	7:04	-0.1	7:15	-0.1	6:15	5:57	
11	Wed	1:03	0.4	1:30	0.4	7:50	0.0	7:56	0.0	6:14	5:58	
12	Thu	1:52	0.4	2:22	0.3	8:38	0.0	8:39	0.0	6:12	5:59	
13	Fri	2:43	0.4	3:16	0.3	9:31	0.0	9:27	0.0	6:11	6:00	
14	Sat	3:34	0.4	4:10	0.3	10:33	0.1	10:26	0.1	6:09	6:01	
15	Sun	4:27	0.3	5:05	0.3	11:41	0.1	11:35	0.1	6:07	6:02	
16	Mon	5:23	0.3	6:04	0.3			12:45	0.1	6:06	6:03	
17	Tue	6:25	0.3	7:06	0.3	12:41	0.1	1:39	0.1	6:04	6:04	
18	Wed	7:26	0.3	8:02	0.3	1:37	0.1	2:25	0.0	6:03	6:05	
19	Thu	8:19	0.3	8:49	0.3	2:27	0.0	3:06	0.0	6:01	6:06	
20	Fri	9:02	0.4	9:29	0.4	3:12	0.0	3:46	0.0	5:59	6:07	
21	Sat	9:40	0.4	10:05	0.4	3:56	0.0	4:24	0.0	5:58	6:08	
22	Sun	10:16	0.4	10:39	0.4	4:38	0.0	5:00	0.0	5:56	6:09	
23	Mon	10:49	0.4	11:10	0.4	5:19	0.0	5:35	0.0	5:55	6:10	
24	Tue	11:22	0.4	11:42	0.4	5:59	0.0	6:08	0.0	5:53	6:11	
25	Wed	11:56	0.4			6:37	0.0	6:40	0.0	5:51	6:13	
26	Thu	12:15	0.4	12:34	0.3	7:15	0.0	7:11	0.0	5:50	6:14	
27	Fri	12:54	0.4	1:19	0.3	7:55	0.0	7:46	0.0	5:48	6:15	
28	Sat	1:42	0.4	2:15	0.3	8:42	0.0	8:30	0.0	5:46	6:16	
29	Sun	2:41	0.4	3:18	0.3	9:43	0.0	9:32	0.1	5:45	6:17	
30	Mon	3:46	0.4	4:24	0.3	10:58	0.0	11:00	0.1	5:43	6:18	
31	Tue	4:52	0.4	5:32	0.3			12:11	0.0	5:42	6:19	