US HARBORS www.USHarbors.com

Island Beach, NJ - May 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:47	0.4	8:26	0.4	2:18	0.0	2:42	0.0	5:56	7:50	
2	Sat	8:48	0.4	9:21	0.4	3:16	0.0	3:31	0.0	5:55	7:51	
3	Sun	9:43	0.4	10:10	0.5	4:09	0.0	4:19	0.0	5:54	7:52	
4	Mon	10:33	0.4	10:55	0.5	5:01	0.0	5:05	0.0	5:53	7:53	
5	Tue	11:20	0.4	11:37	0.5	5:51	0.0	5:51	0.0	5:51	7:54	
6	Wed			12:06	0.4	6:39	0.0	6:35	0.0	5:50	7:55	
7	Thu	12:19	0.5	12:52	0.4	7:24	0.0	7:18	0.0	5:49	7:56	
8	Fri	1:02	0.4	1:40	0.4	8:06	0.0	7:59	0.0	5:48	7:57	
9	Sat	1:46	0.4	2:31	0.3	8:48	0.0	8:39	0.1	5:47	7:58	
10	Sun	2:34	0.4	3:24	0.3	9:31	0.0	9:21	0.1	5:46	7:59	
11	Mon	3:24	0.4	4:16	0.3	10:19	0.1	10:11	0.1	5:45	8:00	
12	Tue	4:16	0.4	5:06	0.3	11:13	0.1	11:13	0.1	5:44	8:01	
13	Wed	5:05	0.3	5:55	0.3			12:10	0.1	5:43	8:01	
14	Thu	5:54	0.3	6:44	0.3	12:21	0.1	1:03	0.1	5:42	8:02	
15	Fri	6:45	0.3	7:34	0.4	1:23	0.1	1:51	0.1	5:41	8:03	
16	Sat	7:40	0.3	8:24	0.4	2:18	0.1	2:35	0.1	5:40	8:04	
17	Sun	8:35	0.3	9:09	0.4	3:08	0.1	3:17	0.0	5:39	8:05	
18	Mon	9:25	0.3	9:50	0.4	3:55	0.0	3:58	0.0	5:38	8:06	
19	Tue	10:10	0.4	10:30	0.5	4:41	0.0	4:39	0.0	5:37	8:07	
20	Wed	10:53	0.4	11:09	0.5	5:28	0.0	5:23	0.0	5:37	8:08	
21	Thu	11:37	0.4	11:51	0.5	6:16	0.0	6:10	0.0	5:36	8:09	
22	Fri			12:23	0.4	7:04	0.0	6:57	0.0	5:35	8:10	
23	Sat	12:37	0.5	1:13	0.4	7:50	0.0	7:45	0.0	5:34	8:11	
24	Sun	1:29	0.5	2:10	0.4	8:38	0.0	8:34	0.0	5:34	8:11	
25	Mon	2:26	0.5	3:11	0.4	9:27	0.0	9:29	0.0	5:33	8:12	
26	Tue	3:27	0.4	4:12	0.4	10:22	0.0	10:34	0.1	5:32	8:13	
27	Wed	4:27	0.4	5:10	0.4	11:22	0.0	11:47	0.1	5:32	8:14	
28	Thu	5:25	0.4	6:06	0.4			12:22	0.0	5:31	8:15	
29	Fri	6:22	0.4	7:03	0.4	12:57	0.1	1:20	0.0	5:31	8:16	
30	Sat	7:22	0.4	8:01	0.4	2:01	0.0	2:13	0.0	5:30	8:16	
31	Sun	8:23	0.4	8:56	0.4	2:59	0.0	3:03	0.0	5:30	8:17	