US HARBORS www.USHarbors.com

Island Beach, NJ - Jul 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:52	0.3	10:11	0.4	4:24	0.0	4:12	0.0	5:31	8:28	
2	Thu	10:41	0.4	10:54	0.4	5:12	0.0	5:00	0.0	5:31	8:28	
3	Fri	11:26	0.4	11:36	0.4	5:59	0.0	5:46	0.1	5:32	8:28	
4	Sat			12:10	0.4	6:42	0.0	6:31	0.1	5:33	8:28	
5	Sun	12:16	0.4	12:53	0.4	7:22	0.0	7:13	0.1	5:33	8:28	
6	Mon	12:55	0.4	1:37	0.4	7:59	0.0	7:53	0.1	5:34	8:27	
7	Tue	1:34	0.4	2:21	0.4	8:34	0.0	8:31	0.1	5:34	8:27	
8	Wed	2:13	0.4	3:05	0.4	9:07	0.0	9:10	0.1	5:35	8:27	
9	Thu	2:53	0.4	3:48	0.4	9:41	0.1	9:52	0.1	5:36	8:26	
10	Fri	3:35	0.4	4:28	0.4	10:16	0.1	10:43	0.1	5:36	8:26	
11	Sat	4:18	0.3	5:08	0.4	10:57	0.1	11:46	0.1	5:37	8:26	
12	Sun	5:05	0.3	5:51	0.4	11:47	0.1			5:38	8:25	
13	Mon	5:56	0.3	6:40	0.4	12:53	0.1	12:45	0.1	5:38	8:25	
14	Tue	6:56	0.3	7:37	0.4	1:56	0.1	1:45	0.1	5:39	8:24	
15	Wed	8:05	0.3	8:39	0.4	2:54	0.1	2:43	0.1	5:40	8:24	
16	Thu	9:10	0.3	9:37	0.5	3:48	0.0	3:40	0.0	5:41	8:23	
17	Fri	10:08	0.4	10:30	0.5	4:42	0.0	4:36	0.0	5:41	8:22	
18	Sat	11:01	0.4	11:21	0.5	5:35	0.0	5:33	0.0	5:42	8:22	
19	Sun	11:53	0.4			6:27	0.0	6:30	0.0	5:43	8:21	
20	Mon	12:12	0.5	12:46	0.4	7:16	-0.1	7:24	0.0	5:44	8:20	
21	Tue	1:05	0.5	1:41	0.4	8:02	-0.1	8:16	0.0	5:45	8:20	
22	Wed	1:58	0.5	2:36	0.4	8:48	-0.1	9:09	0.0	5:45	8:19	
23	Thu	2:53	0.5	3:32	0.4	9:35	0.0	10:05	0.0	5:46	8:18	
24	Fri	3:49	0.4	4:27	0.4	10:25	0.0	11:08	0.0	5:47	8:17	
25	Sat	4:44	0.4	5:19	0.4	11:19	0.0			5:48	8:17	
26	Sun	5:38	0.4	6:11	0.4	12:15	0.1	12:17	0.0	5:49	8:16	
27	Mon	6:34	0.3	7:07	0.4	1:21	0.1	1:16	0.1	5:50	8:15	
28	Tue	7:35	0.3	8:05	0.4	2:21	0.1	2:12	0.1	5:51	8:14	
29	Wed	8:37	0.3	9:02	0.4	3:15	0.1	3:04	0.1	5:52	8:13	
30	Thu	9:33	0.3	9:52	0.4	4:04	0.1	3:52	0.1	5:52	8:12	
31	Fri	10:22	0.4	10:35	0.4	4:50	0.0	4:39	0.1	5:53	8:11	