US HARBORS www.USHarbors.com

Island Beach, NJ - Aug 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:05	0.4	11:15	0.4	5:34	0.0	5:25	0.1	5:54	8:10	
2	Sun	11:46	0.4	11:53	0.4	6:15	0.0	6:09	0.1	5:55	8:09	
3	Mon			12:26	0.4	6:53	0.0	6:51	0.1	5:56	8:08	
4	Tue	12:29	0.4	1:04	0.4	7:28	0.0	7:30	0.1	5:57	8:07	
5	Wed	1:03	0.4	1:42	0.4	8:00	0.0	8:07	0.1	5:58	8:06	
6	Thu	1:37	0.4	2:19	0.4	8:30	0.0	8:42	0.1	5:59	8:04	
7	Fri	2:11	0.4	2:57	0.4	8:59	0.0	9:20	0.1	6:00	8:03	
8	Sat	2:50	0.4	3:36	0.4	9:27	0.1	10:03	0.1	6:01	8:02	
9	Sun	3:35	0.3	4:19	0.4	10:01	0.1	11:00	0.1	6:02	8:01	
10	Mon	4:26	0.3	5:07	0.4	10:47	0.1			6:03	8:00	
11	Tue	5:22	0.3	6:01	0.4	12:13	0.1	11:55 AM	0.1	6:04	7:58	
12	Wed	6:25	0.3	7:05	0.4	1:25	0.1	1:12	0.1	6:05	7:57	
13	Thu	7:38	0.3	8:14	0.4	2:29	0.1	2:21	0.1	6:06	7:56	
14	Fri	8:49	0.3	9:17	0.5	3:26	0.0	3:23	0.0	6:07	7:54	
15	Sat	9:50	0.4	10:13	0.5	4:20	0.0	4:22	0.0	6:07	7:53	
16	Sun	10:43	0.4	11:05	0.5	5:12	0.0	5:19	0.0	6:08	7:52	
17	Mon	11:34	0.4	11:55	0.5	6:02	0.0	6:15	0.0	6:09	7:50	
18	Tue			12:25	0.5	6:50	-0.1	7:08	0.0	6:10	7:49	
19	Wed	12:45	0.5	1:16	0.5	7:36	-0.1	8:00	0.0	6:11	7:48	
20	Thu	1:36	0.5	2:09	0.5	8:21	-0.1	8:50	0.0	6:12	7:46	
21	Fri	2:29	0.4	3:03	0.5	9:05	0.0	9:43	0.0	6:13	7:45	
22	Sat	3:25	0.4	3:57	0.4	9:52	0.0	10:42	0.1	6:14	7:43	
23	Sun	4:21	0.4	4:50	0.4	10:45	0.0	11:48	0.1	6:15	7:42	
24	Mon	5:16	0.4	5:44	0.4	11:44	0.1			6:16	7:40	
25	Tue	6:13	0.3	6:39	0.4	12:56	0.1	12:48	0.1	6:17	7:39	
26	Wed	7:13	0.3	7:39	0.4	1:58	0.1	1:49	0.1	6:18	7:37	
27	Thu	8:15	0.3	8:38	0.4	2:52	0.1	2:44	0.1	6:19	7:36	
28	Fri	9:11	0.3	9:29	0.4	3:40	0.1	3:33	0.1	6:20	7:34	
29	Sat	9:59	0.4	10:12	0.4	4:23	0.1	4:18	0.1	6:21	7:33	
30	Sun	10:40	0.4	10:51	0.4	5:03	0.0	5:02	0.1	6:22	7:31	
31	Mon	11:19	0.4	11:26	0.4	5:42	0.0	5:45	0.1	6:23	7:30	