US HARBORS www.USHarbors.com

Island Beach, NJ - Mar 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:57	0.4	11:17	0.4	5:20	0.0	5:39	0.0	6:28	5:48	
2	Tue	11:35	0.4	11:53	0.4	6:00	0.0	6:15	0.0	6:27	5:49	
3	Wed			12:12	0.4	6:37	0.0	6:48	0.0	6:25	5:50	
4	Thu	12:28	0.4	12:50	0.3	7:13	0.0	7:19	0.0	6:24	5:51	
5	Fri	1:03	0.4	1:28	0.3	7:48	0.0	7:50	0.0	6:22	5:52	
6	Sat	1:38	0.3	2:10	0.3	8:24	0.0	8:22	0.0	6:21	5:53	
7	Sun	2:18	0.3	2:56	0.3	9:05	0.0	9:00	0.0	6:19	5:54	
8	Mon	3:03	0.3	3:46	0.3	10:02	0.1	9:54	0.1	6:18	5:55	
9	Tue	3:54	0.3	4:40	0.3	11:14	0.1	11:08	0.1	6:16	5:57	
10	Wed	4:51	0.3	5:40	0.3			12:23	0.1	6:15	5:58	
11	Thu	5:55	0.3	6:45	0.3	12:22	0.0	1:22	0.0	6:13	5:59	
12	Fri	7:04	0.4	7:47	0.3	1:26	0.0	2:15	0.0	6:11	6:00	
13	Sat	8:06	0.4	8:41	0.4	2:24	0.0	3:05	0.0	6:10	6:01	
14	Sun	9:00	0.4	9:31	0.4	3:18	0.0	3:54	-0.1	6:08	6:02	
15	Mon	9:50	0.4	10:19	0.5	4:12	-0.1	4:42	-0.1	6:07	6:03	
16	Tue	10:39	0.5	11:07	0.5	5:05	-0.1	5:30	-0.1	6:05	6:04	
17	Wed	11:28	0.4	11:57	0.5	5:57	-0.1	6:18	-0.1	6:03	6:05	
18	Thu			12:20	0.4	6:47	-0.1	7:04	-0.1	6:02	6:06	
19	Fri	12:49	0.5	1:14	0.4	7:37	-0.1	7:52	-0.1	6:00	6:07	
20	Sat	1:44	0.4	2:12	0.4	8:29	-0.1	8:43	0.0	5:59	6:08	
21	Sun	2:42	0.4	3:12	0.4	9:27	0.0	9:42	0.0	5:57	6:09	
22	Mon	3:40	0.4	4:11	0.3	10:31	0.0	10:50	0.0	5:55	6:10	
23	Tue	4:38	0.4	5:10	0.3	11:39	0.0	11:59	0.0	5:54	6:11	
24	Wed	5:37	0.4	6:11	0.3			12:41	0.0	5:52	6:12	
25	Thu	6:38	0.4	7:12	0.3	1:02	0.0	1:36	0.0	5:50	6:13	
26	Fri	7:37	0.4	8:07	0.4	1:57	0.0	2:24	0.0	5:49	6:14	
27	Sat	8:28	0.4	8:53	0.4	2:45	0.0	3:07	0.0	5:47	6:15	
28	Sun	9:12	0.4	9:34	0.4	3:30	0.0	3:48	0.0	5:46	6:16	
29	Mon	9:53	0.4	10:11	0.4	4:13	0.0	4:27	0.0	5:44	6:17	
30	Tue	10:31	0.4	10:46	0.4	4:55	0.0	5:05	0.0	5:42	6:18	
31	Wed	11:08	0.4	11:20	0.4	5:35	0.0	5:41	0.0	5:41	6:19	