

Island Beach, NJ - Jan 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:03	0.3	3:01	0.3	9:20	0.0	9:53	0.0	7:17	4:42	
2	Mon	3:53	0.3	3:57	0.3	10:29	0.0	10:56	0.0	7:17	4:42	
3	Tue	4:46	0.4	4:57	0.3	11:43	0.0			7:17	4:43	
4	Wed	5:45	0.4	6:03	0.3	12:01	0.0	12:52	0.0	7:17	4:44	
5	Thu	6:48	0.4	7:13	0.3	1:03	0.0	1:53	0.0	7:17	4:45	
6	Fri	7:52	0.4	8:18	0.4	2:02	0.0	2:50	0.0	7:17	4:46	
7	Sat	8:49	0.5	9:16	0.4	2:58	-0.1	3:46	-0.1	7:17	4:47	
8	Sun	9:43	0.5	10:10	0.4	3:54	-0.1	4:40	-0.1	7:17	4:48	
9	Mon	10:35	0.5	11:03	0.4	4:50	-0.1	5:33	-0.1	7:17	4:49	
10	Tue	11:26	0.5	11:56	0.4	5:44	-0.1	6:23	-0.1	7:17	4:50	
11	Wed			12:18	0.5	6:36	-0.1	7:11	-0.1	7:17	4:51	
12	Thu	12:51	0.4	1:11	0.4	7:26	-0.1	7:57	-0.1	7:16	4:52	
13	Fri	1:46	0.4	2:05	0.4	8:16	0.0	8:45	-0.1	7:16	4:53	
14	Sat	2:40	0.4	2:59	0.4	9:10	0.0	9:35	0.0	7:16	4:54	
15	Sun	3:33	0.4	3:51	0.3	10:09	0.0	10:29	0.0	7:15	4:55	
16	Mon	4:24	0.4	4:42	0.3	11:13	0.0	11:25	0.0	7:15	4:56	
17	Tue	5:14	0.3	5:34	0.3			12:15	0.0	7:15	4:57	
18	Wed	6:06	0.3	6:30	0.3	12:20	0.0	1:12	0.0	7:14	4:59	
19	Thu	7:01	0.3	7:28	0.3	1:11	0.0	2:02	0.0	7:14	5:00	
20	Fri	7:54	0.4	8:21	0.3	1:59	0.0	2:49	0.0	7:13	5:01	
21	Sat	8:42	0.4	9:08	0.3	2:44	0.0	3:33	0.0	7:12	5:02	
22	Sun	9:24	0.4	9:50	0.3	3:29	0.0	4:16	0.0	7:12	5:03	
23	Mon	10:02	0.4	10:30	0.3	4:13	0.0	4:58	0.0	7:11	5:04	
24	Tue	10:38	0.4	11:08	0.3	4:56	0.0	5:38	0.0	7:11	5:05	
25	Wed	11:13	0.4	11:45	0.3	5:37	0.0	6:15	0.0	7:10	5:07	
26	Thu	11:46	0.4			6:16	0.0	6:50	0.0	7:09	5:08	
27	Fri	12:21	0.3	12:21	0.4	6:53	0.0	7:23	0.0	7:08	5:09	
28	Sat	12:59	0.3	12:59	0.4	7:30	0.0	7:57	0.0	7:08	5:10	
29	Sun	1:41	0.3	1:44	0.3	8:10	0.0	8:33	0.0	7:07	5:11	
30	Mon	2:29	0.3	2:36	0.3	8:58	0.0	9:18	0.0	7:06	5:13	
31	Tue	3:21	0.4	3:34	0.3	10:01	0.0	10:18	0.0	7:05	5:14	