

Island Beach, NJ - Dec 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:02	0.5	11:30	0.4	5:22	0.0	6:07	-0.1	6:58	4:32	
2	Sat	11:52	0.5			6:12	0.0	6:55	-0.1	6:59	4:32	
3	Sun	12:23	0.4	12:46	0.5	7:02	0.0	7:45	-0.1	7:00	4:31	
4	Mon	1:22	0.4	1:44	0.4	7:54	0.0	8:36	0.0	7:01	4:31	
5	Tue	2:23	0.4	2:45	0.4	8:51	0.0	9:34	0.0	7:02	4:31	
6	Wed	3:25	0.4	3:44	0.4	9:57	0.0	10:35	0.0	7:03	4:31	
7	Thu	4:23	0.4	4:42	0.4	11:08	0.0	11:37	0.0	7:04	4:31	
8	Fri	5:20	0.4	5:40	0.4			12:16	0.0	7:05	4:31	
9	Sat	6:18	0.4	6:40	0.4	12:36	0.0	1:17	0.0	7:05	4:31	
10	Sun	7:16	0.4	7:39	0.4	1:29	0.0	2:11	0.0	7:06	4:31	
11	Mon	8:10	0.4	8:32	0.4	2:18	0.0	3:02	0.0	7:07	4:31	
12	Tue	8:57	0.4	9:20	0.4	3:04	0.0	3:49	0.0	7:08	4:31	
13	Wed	9:40	0.4	10:04	0.4	3:48	0.0	4:35	0.0	7:09	4:32	
14	Thu	10:20	0.4	10:47	0.4	4:32	0.0	5:18	0.0	7:09	4:32	
15	Fri	10:59	0.4	11:29	0.4	5:14	0.0	6:00	0.0	7:10	4:32	
16	Sat	11:37	0.4			5:55	0.0	6:39	0.0	7:11	4:32	
17	Sun	12:11	0.3	12:15	0.4	6:34	0.0	7:16	0.0	7:11	4:33	
18	Mon	12:55	0.3	12:54	0.4	7:12	0.0	7:52	0.0	7:12	4:33	
19	Tue	1:40	0.3	1:35	0.4	7:49	0.0	8:29	0.0	7:13	4:33	
20	Wed	2:27	0.3	2:18	0.3	8:29	0.1	9:09	0.0	7:13	4:34	
21	Thu	3:13	0.3	3:04	0.3	9:16	0.1	9:55	0.0	7:14	4:34	
22	Fri	3:58	0.3	3:52	0.3	10:16	0.1	10:50	0.0	7:14	4:35	
23	Sat	4:43	0.3	4:42	0.3	11:24	0.1	11:48	0.0	7:15	4:35	
24	Sun	5:31	0.3	5:38	0.3			12:29	0.1	7:15	4:36	
25	Mon	6:26	0.4	6:41	0.3	12:43	0.0	1:27	0.0	7:15	4:36	
26	Tue	7:23	0.4	7:44	0.3	1:36	0.0	2:22	0.0	7:16	4:37	
27	Wed	8:17	0.4	8:41	0.4	2:27	0.0	3:14	0.0	7:16	4:38	
28	Thu	9:08	0.5	9:33	0.4	3:19	0.0	4:06	-0.1	7:16	4:38	
29	Fri	9:58	0.5	10:24	0.4	4:11	-0.1	4:59	-0.1	7:17	4:39	
30	Sat	10:48	0.5	11:16	0.4	5:05	-0.1	5:50	-0.1	7:17	4:40	
31	Sun	11:39	0.5			5:58	-0.1	6:39	-0.1	7:17	4:41	