

Island Beach, NJ - Mar 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:25	0.4	12:49	0.4	7:10	-0.1	7:30	-0.1	6:29	5:47	
2	Fri	1:16	0.4	1:42	0.4	7:58	-0.1	8:15	-0.1	6:28	5:48	
3	Sat	2:09	0.4	2:36	0.4	8:49	0.0	9:02	0.0	6:26	5:49	
4	Sun	3:02	0.4	3:29	0.3	9:45	0.0	9:55	0.0	6:25	5:50	
5	Mon	3:54	0.4	4:23	0.3	10:48	0.0	10:55	0.0	6:23	5:52	
6	Tue	4:46	0.3	5:17	0.3	11:52	0.0	11:56	0.0	6:22	5:53	
7	Wed	5:40	0.3	6:14	0.3			12:52	0.0	6:20	5:54	
8	Thu	6:39	0.3	7:14	0.3	12:55	0.0	1:45	0.0	6:19	5:55	
9	Fri	7:37	0.3	8:08	0.3	1:47	0.0	2:32	0.0	6:17	5:56	
10	Sat	8:27	0.4	8:55	0.3	2:35	0.0	3:15	0.0	6:16	5:57	
11	Sun	9:11	0.4	9:37	0.4	3:20	0.0	3:56	0.0	6:14	5:58	
12	Mon	9:50	0.4	10:15	0.4	4:04	0.0	4:36	0.0	6:13	5:59	
13	Tue	10:27	0.4	10:51	0.4	4:47	0.0	5:15	0.0	6:11	6:00	
14	Wed	11:01	0.4	11:25	0.4	5:28	0.0	5:51	0.0	6:09	6:01	
15	Thu	11:35	0.4	11:58	0.4	6:07	0.0	6:25	0.0	6:08	6:02	
16	Fri			12:08	0.4	6:44	0.0	6:57	0.0	6:06	6:03	
17	Sat	12:32	0.4	12:45	0.4	7:21	0.0	7:29	0.0	6:05	6:04	
18	Sun	1:09	0.4	1:27	0.3	7:59	0.0	8:03	0.0	6:03	6:05	
19	Mon	1:55	0.4	2:19	0.3	8:43	0.0	8:44	0.0	6:01	6:06	
20	Tue	2:49	0.4	3:18	0.3	9:41	0.0	9:43	0.0	6:00	6:07	
21	Wed	3:48	0.4	4:20	0.3	10:53	0.0	11:03	0.0	5:58	6:08	
22	Thu	4:51	0.4	5:26	0.3			12:06	0.0	5:56	6:09	
23	Fri	5:59	0.4	6:36	0.3	12:21	0.0	1:11	0.0	5:55	6:10	
24	Sat	7:08	0.4	7:43	0.4	1:29	0.0	2:09	0.0	5:53	6:11	
25	Sun	8:12	0.4	8:42	0.4	2:29	0.0	3:03	-0.1	5:52	6:12	
26	Mon	9:08	0.4	9:35	0.4	3:26	-0.1	3:54	-0.1	5:50	6:13	
27	Tue	9:59	0.5	10:24	0.5	4:20	-0.1	4:44	-0.1	5:48	6:14	
28	Wed	10:48	0.5	11:12	0.5	5:13	-0.1	5:33	-0.1	5:47	6:15	
29	Thu	11:37	0.4	11:59	0.5	6:03	-0.1	6:18	-0.1	5:45	6:16	
30	Fri			12:26	0.4	6:51	-0.1	7:02	-0.1	5:44	6:17	
31	Sat	12:47	0.4	1:17	0.4	7:37	0.0	7:45	0.0	5:42	6:18	