US HARBORS www.USHarbors.com

Island Beach, NJ - Nov 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:51	0.4	8:16	0.4	2:09	0.0	2:40	0.0	6:24	4:55	
2	Fri	8:46	0.5	9:09	0.5	2:59	0.0	3:34	0.0	6:25	4:53	
3	Sat	9:35	0.5	9:59	0.5	3:49	-0.1	4:27	0.0	6:27	4:52	
4	Sun	10:23	0.5	10:48	0.5	4:38	-0.1	5:18	0.0	6:28	4:51	
5	Mon	11:09	0.5	11:37	0.4	5:26	0.0	6:08	0.0	6:29	4:50	
6	Tue	11:56	0.5			6:13	0.0	6:55	0.0	6:30	4:49	
7	Wed	12:28	0.4	12:44	0.5	6:57	0.0	7:41	0.0	6:31	4:48	
8	Thu	1:20	0.4	1:35	0.4	7:41	0.0	8:27	0.0	6:32	4:47	
9	Fri	2:15	0.4	2:27	0.4	8:26	0.1	9:18	0.0	6:33	4:46	
10	Sat	3:09	0.4	3:20	0.4	9:17	0.1	10:14	0.1	6:35	4:45	
11	Sun	4:02	0.3	4:11	0.4	10:18	0.1	11:12	0.1	6:36	4:44	
12	Mon	4:52	0.3	5:01	0.4	11:22	0.1			6:37	4:43	
13	Tue	5:44	0.3	5:53	0.3	12:07	0.1	12:23	0.1	6:38	4:42	
14	Wed	6:36	0.4	6:47	0.3	12:57	0.1	1:16	0.1	6:39	4:41	
15	Thu	7:27	0.4	7:39	0.4	1:41	0.0	2:04	0.1	6:40	4:41	
16	Fri	8:13	0.4	8:26	0.4	2:23	0.0	2:50	0.0	6:41	4:40	
17	Sat	8:54	0.4	9:09	0.4	3:03	0.0	3:34	0.0	6:43	4:39	
18	Sun	9:32	0.4	9:48	0.4	3:44	0.0	4:18	0.0	6:44	4:38	
19	Mon	10:08	0.4	10:26	0.4	4:24	0.0	5:02	0.0	6:45	4:38	
20	Tue	10:44	0.4	11:05	0.4	5:05	0.0	5:46	0.0	6:46	4:37	
21	Wed	11:22	0.5	11:47	0.4	5:46	0.0	6:29	0.0	6:47	4:36	
22	Thu			12:04	0.4	6:28	0.0	7:12	0.0	6:48	4:36	
23	Fri	12:34	0.4	12:52	0.4	7:10	0.0	7:57	0.0	6:49	4:35	
24	Sat	1:29	0.4	1:48	0.4	7:57	0.0	8:47	0.0	6:50	4:35	
25	Sun	2:30	0.4	2:50	0.4	8:52	0.0	9:45	0.0	6:51	4:34	
26	Mon	3:31	0.4	3:51	0.4	10:02	0.0	10:49	0.0	6:53	4:34	
27	Tue	4:31	0.4	4:51	0.4	11:17	0.0	11:52	0.0	6:54	4:33	
28	Wed	5:30	0.4	5:52	0.4			12:27	0.0	6:55	4:33	
29	Thu	6:31	0.4	6:55	0.4	12:51	0.0	1:30	0.0	6:56	4:33	
30	Fri	7:32	0.4	7:56	0.4	1:46	0.0	2:26	0.0	6:57	4:32	