

Island Beach, NJ - Jan 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:46	0.4	10:13	0.4	3:54	0.0	4:44	0.0	7:17	4:41	
2	Wed	10:30	0.4	10:58	0.4	4:42	0.0	5:30	0.0	7:17	4:42	
3	Thu	11:11	0.4	11:42	0.4	5:27	0.0	6:12	0.0	7:17	4:43	
4	Fri	11:53	0.4			6:10	0.0	6:52	0.0	7:17	4:44	
5	Sat	12:27	0.3	12:34	0.4	6:50	0.0	7:30	0.0	7:17	4:45	
6	Sun	1:13	0.3	1:17	0.4	7:29	0.0	8:07	0.0	7:17	4:46	
7	Mon	2:00	0.3	2:01	0.3	8:09	0.0	8:45	0.0	7:17	4:47	
8	Tue	2:47	0.3	2:46	0.3	8:52	0.0	9:27	0.0	7:17	4:47	
9	Wed	3:32	0.3	3:31	0.3	9:43	0.1	10:15	0.0	7:17	4:48	
10	Thu	4:17	0.3	4:17	0.3	10:46	0.1	11:10	0.0	7:17	4:49	
11	Fri	5:02	0.3	5:07	0.3	11:51	0.1			7:17	4:50	
12	Sat	5:51	0.3	6:03	0.3	12:06	0.0	12:51	0.1	7:17	4:51	
13	Sun	6:45	0.3	7:04	0.3	12:59	0.0	1:46	0.0	7:16	4:53	
14	Mon	7:40	0.4	8:03	0.3	1:50	0.0	2:37	0.0	7:16	4:54	
15	Tue	8:31	0.4	8:55	0.3	2:39	0.0	3:27	0.0	7:16	4:55	
16	Wed	9:18	0.4	9:43	0.3	3:28	0.0	4:16	-0.1	7:15	4:56	
17	Thu	10:04	0.4	10:30	0.4	4:18	0.0	5:05	-0.1	7:15	4:57	
18	Fri	10:50	0.5	11:18	0.4	5:09	-0.1	5:53	-0.1	7:14	4:58	
19	Sat	11:39	0.5			6:00	-0.1	6:39	-0.1	7:14	4:59	
20	Sun	12:08	0.4	12:30	0.4	6:49	-0.1	7:25	-0.1	7:13	5:00	
21	Mon	1:02	0.4	1:24	0.4	7:39	-0.1	8:12	-0.1	7:13	5:01	
22	Tue	1:59	0.4	2:21	0.4	8:33	0.0	9:03	-0.1	7:12	5:03	
23	Wed	2:57	0.4	3:18	0.4	9:33	0.0	9:59	0.0	7:12	5:04	
24	Thu	3:53	0.4	4:15	0.4	10:41	0.0	11:00	0.0	7:11	5:05	
25	Fri	4:50	0.4	5:13	0.3	11:50	0.0			7:10	5:06	
26	Sat	5:48	0.4	6:14	0.3	12:03	0.0	12:56	0.0	7:09	5:07	
27	Sun	6:49	0.4	7:18	0.3	1:02	0.0	1:54	0.0	7:09	5:08	
28	Mon	7:49	0.4	8:17	0.3	1:57	0.0	2:47	0.0	7:08	5:10	
29	Tue	8:42	0.4	9:09	0.3	2:47	0.0	3:36	0.0	7:07	5:11	
30	Wed	9:29	0.4	9:55	0.3	3:35	0.0	4:23	0.0	7:06	5:12	
31	Thu	10:11	0.4	10:38	0.3	4:22	0.0	5:07	0.0	7:05	5:13	