US HARBORS www.USHarbors.com

Island Beach, NJ - Jul 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:17	0.5	1:54	0.4	8:22	0.0	8:26	0.0	5:31	8:28	
2	Wed	2:08	0.5	2:49	0.4	9:06	0.0	9:17	0.0	5:32	8:28	
3	Thu	3:04	0.4	3:46	0.4	9:54	0.0	10:15	0.0	5:32	8:28	
4	Fri	4:02	0.4	4:42	0.4	10:49	0.0	11:22	0.1	5:33	8:28	
5	Sat	4:59	0.4	5:37	0.4	11:48	0.0			5:33	8:27	
6	Sun	5:56	0.4	6:34	0.4	12:32	0.1	12:49	0.0	5:34	8:27	
7	Mon	6:57	0.4	7:34	0.4	1:39	0.0	1:47	0.0	5:35	8:27	
8	Tue	8:00	0.4	8:34	0.5	2:40	0.0	2:43	0.0	5:35	8:27	
9	Wed	9:03	0.4	9:30	0.5	3:36	0.0	3:36	0.0	5:36	8:26	
10	Thu	9:59	0.4	10:21	0.5	4:29	0.0	4:28	0.0	5:37	8:26	
11	Fri	10:50	0.4	11:08	0.5	5:20	0.0	5:19	0.0	5:37	8:25	
12	Sat	11:39	0.4	11:53	0.5	6:10	0.0	6:08	0.0	5:38	8:25	
13	Sun			12:26	0.4	6:56	0.0	6:55	0.0	5:39	8:24	
14	Mon	12:37	0.5	1:13	0.4	7:38	0.0	7:38	0.0	5:40	8:24	
15	Tue	1:21	0.4	2:00	0.4	8:18	0.0	8:20	0.0	5:40	8:23	
16	Wed	2:05	0.4	2:48	0.4	8:56	0.0	9:01	0.1	5:41	8:23	
17	Thu	2:50	0.4	3:35	0.4	9:34	0.0	9:44	0.1	5:42	8:22	
18	Fri	3:36	0.4	4:21	0.4	10:14	0.1	10:34	0.1	5:43	8:21	
19	Sat	4:21	0.4	5:05	0.4	10:59	0.1	11:31	0.1	5:43	8:21	
20	Sun	5:06	0.3	5:48	0.4	11:49	0.1			5:44	8:20	
21	Mon	5:53	0.3	6:34	0.4	12:33	0.1	12:43	0.1	5:45	8:19	
22	Tue	6:44	0.3	7:24	0.4	1:32	0.1	1:36	0.1	5:46	8:19	
23	Wed	7:43	0.3	8:18	0.4	2:27	0.1	2:27	0.1	5:47	8:18	
24	Thu	8:42	0.3	9:09	0.4	3:18	0.1	3:17	0.1	5:48	8:17	
25	Fri	9:36	0.4	9:57	0.4	4:06	0.0	4:05	0.0	5:49	8:16	
26	Sat	10:24	0.4	10:42	0.5	4:55	0.0	4:55	0.0	5:49	8:15	
27	Sun	11:10	0.4	11:27	0.5	5:43	0.0	5:45	0.0	5:50	8:14	
28	Mon	11:56	0.4			6:30	0.0	6:36	0.0	5:51	8:13	
29	Tue	12:13	0.5	12:44	0.4	7:16	0.0	7:25	0.0	5:52	8:12	
30	Wed	1:02	0.5	1:35	0.4	8:01	0.0	8:15	0.0	5:53	8:11	
31	Thu	1:54	0.5	2:30	0.4	8:46	0.0	9:06	0.0	5:54	8:10	