US HARBORS www.USHarbors.com

Island Beach, NJ - Aug 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:49	0.5	3:26	0.4	9:33	0.0	10:02	0.0	5:55	8:09	
2	Sat	3:47	0.4	4:23	0.4	10:25	0.0	11:06	0.0	5:56	8:08	
3	Sun	4:44	0.4	5:19	0.4	11:24	0.0			5:57	8:07	
4	Mon	5:41	0.4	6:15	0.4	12:16	0.0	12:26	0.0	5:58	8:06	
5	Tue	6:41	0.4	7:14	0.4	1:23	0.0	1:28	0.0	5:59	8:05	
6	Wed	7:44	0.4	8:16	0.4	2:24	0.0	2:26	0.0	6:00	8:04	
7	Thu	8:47	0.4	9:13	0.4	3:20	0.0	3:20	0.0	6:00	8:03	
8	Fri	9:43	0.4	10:04	0.5	4:11	0.0	4:11	0.0	6:01	8:01	
9	Sat	10:33	0.4	10:49	0.5	5:00	0.0	4:59	0.0	6:02	8:00	
10	Sun	11:18	0.4	11:32	0.5	5:46	0.0	5:47	0.0	6:03	7:59	
11	Mon			12:02	0.4	6:29	0.0	6:31	0.0	6:04	7:58	
12	Tue	12:12	0.4	12:44	0.4	7:09	0.0	7:14	0.0	6:05	7:56	
13	Wed	12:52	0.4	1:26	0.4	7:46	0.0	7:53	0.0	6:06	7:55	
14	Thu	1:32	0.4	2:08	0.4	8:21	0.0	8:32	0.1	6:07	7:54	
15	Fri	2:12	0.4	2:51	0.4	8:55	0.0	9:10	0.1	6:08	7:52	
16	Sat	2:54	0.4	3:35	0.4	9:28	0.1	9:52	0.1	6:09	7:51	
17	Sun	3:38	0.4	4:18	0.4	10:05	0.1	10:43	0.1	6:10	7:50	
18	Mon	4:24	0.3	5:01	0.4	10:49	0.1	11:45	0.1	6:11	7:48	
19	Tue	5:11	0.3	5:46	0.4	11:46	0.1			6:12	7:47	
20	Wed	6:03	0.3	6:37	0.4	12:50	0.1	12:50	0.1	6:13	7:45	
21	Thu	7:02	0.3	7:35	0.4	1:51	0.1	1:51	0.1	6:14	7:44	
22	Fri	8:06	0.3	8:34	0.4	2:46	0.1	2:47	0.1	6:15	7:43	
23	Sat	9:05	0.4	9:29	0.5	3:37	0.0	3:40	0.0	6:16	7:41	
24	Sun	9:58	0.4	10:19	0.5	4:26	0.0	4:32	0.0	6:17	7:40	
25	Mon	10:46	0.4	11:06	0.5	5:15	0.0	5:25	0.0	6:18	7:38	
26	Tue	11:34	0.4	11:54	0.5	6:03	0.0	6:18	0.0	6:18	7:37	
27	Wed			12:22	0.5	6:51	-0.1	7:10	0.0	6:19	7:35	
28	Thu	12:44	0.5	1:13	0.5	7:37	-0.1	8:00	0.0	6:20	7:34	
29	Fri	1:36	0.5	2:07	0.5	8:23	0.0	8:51	0.0	6:21	7:32	
30	Sat	2:31	0.5	3:03	0.5	9:10	0.0	9:46	0.0	6:22	7:30	
31	Sun	3:30	0.4	4:01	0.5	10:01	0.0	10:49	0.0	6:23	7:29	