

Island Beach, NJ - Jan 1981

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:00	0.3	7:16	0.3	1:11	0.0	1:50	0.0	7:17	4:42	
2	Fri	7:50	0.4	8:09	0.3	1:56	0.0	2:37	0.0	7:17	4:43	
3	Sat	8:36	0.4	8:56	0.3	2:40	0.0	3:23	0.0	7:17	4:44	
4	Sun	9:17	0.4	9:39	0.3	3:23	0.0	4:08	0.0	7:17	4:44	
5	Mon	9:56	0.4	10:19	0.3	4:07	0.0	4:53	0.0	7:17	4:45	
6	Tue	10:34	0.4	10:59	0.3	4:51	0.0	5:36	0.0	7:17	4:46	
7	Wed	11:13	0.4	11:40	0.3	5:35	0.0	6:18	-0.1	7:17	4:47	
8	Thu	11:54	0.4			6:17	0.0	6:59	-0.1	7:17	4:48	
9	Fri	12:24	0.3	12:39	0.4	7:00	0.0	7:40	-0.1	7:17	4:49	
10	Sat	1:13	0.3	1:30	0.4	7:45	0.0	8:23	0.0	7:17	4:50	
11	Sun	2:07	0.3	2:25	0.4	8:36	0.0	9:12	0.0	7:17	4:51	
12	Mon	3:04	0.4	3:23	0.4	9:37	0.0	10:08	0.0	7:16	4:52	
13	Tue	4:00	0.4	4:21	0.4	10:49	0.0	11:11	0.0	7:16	4:53	
14	Wed	4:58	0.4	5:22	0.3			12:02	0.0	7:16	4:54	
15	Thu	5:59	0.4	6:27	0.3	12:15	0.0	1:08	0.0	7:15	4:55	
16	Fri	7:03	0.4	7:33	0.3	1:15	0.0	2:09	0.0	7:15	4:57	
17	Sat	8:04	0.4	8:34	0.3	2:12	0.0	3:04	0.0	7:14	4:58	
18	Sun	9:00	0.4	9:28	0.4	3:06	-0.1	3:58	-0.1	7:14	4:59	
19	Mon	9:50	0.4	10:18	0.4	3:58	-0.1	4:49	-0.1	7:13	5:00	
20	Tue	10:36	0.4	11:06	0.4	4:49	-0.1	5:37	-0.1	7:13	5:01	
21	Wed	11:21	0.4	11:53	0.4	5:38	0.0	6:21	-0.1	7:12	5:02	
22	Thu			12:06	0.4	6:23	0.0	7:02	-0.1	7:12	5:03	
23	Fri	12:40	0.4	12:50	0.4	7:05	0.0	7:41	0.0	7:11	5:05	
24	Sat	1:26	0.3	1:35	0.4	7:46	0.0	8:19	0.0	7:10	5:06	
25	Sun	2:13	0.3	2:21	0.3	8:28	0.0	8:58	0.0	7:10	5:07	
26	Mon	3:00	0.3	3:07	0.3	9:15	0.0	9:41	0.0	7:09	5:08	
27	Tue	3:46	0.3	3:53	0.3	10:09	0.1	10:31	0.0	7:08	5:09	
28	Wed	4:31	0.3	4:40	0.3	11:12	0.1	11:26	0.0	7:07	5:10	
29	Thu	5:18	0.3	5:32	0.3			12:14	0.1	7:06	5:12	
30	Fri	6:10	0.3	6:30	0.3	12:23	0.0	1:12	0.0	7:06	5:13	
31	Sat	7:06	0.3	7:31	0.3	1:16	0.0	2:04	0.0	7:05	5:14	