

































## Island Beach, NJ - Jan 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:10	0.3	5:16	0.3			12:04	0.1	7:17	4:42	
2	Mon	5:58	0.3	6:10	0.3	12:04	0.0	12:58	0.1	7:17	4:43	
3	Tue	6:52	0.3	7:10	0.3	12:58	0.0	1:52	0.0	7:17	4:44	
4	Wed	7:46	0.4	8:10	0.3	1:46	0.0	2:46	0.0	7:17	4:44	
5	Thu	8:34	0.4	8:58	0.3	2:40	0.0	3:34	0.0	7:17	4:45	
6	Fri	9:22	0.4	9:46	0.3	3:28	0.0	4:22	0.0	7:17	4:46	
7	Sat	10:04	0.4	10:34	0.3	4:16	0.0	5:10	0.0	7:17	4:47	
8	Sun	10:46	0.4	11:16	0.3	5:04	0.0	5:52	-0.1	7:17	4:48	
9	Mon	11:34	0.4			5:52	0.0	6:40	-0.1	7:17	4:49	
10	Tue	12:04	0.4	12:22	0.4	6:46	0.0	7:22	-0.1	7:17	4:50	
11	Wed	12:58	0.4	1:16	0.4	7:34	0.0	8:04	-0.1	7:17	4:51	
12	Thu	1:52	0.4	2:10	0.4	8:22	0.0	8:52	-0.1	7:16	4:52	
13	Fri	2:46	0.4	3:04	0.4	9:22	0.0	9:46	0.0	7:16	4:53	
14	Sat	3:46	0.4	4:04	0.3	10:28	0.0	10:46	0.0	7:16	4:54	
15	Sun	4:40	0.4	5:04	0.3	11:40	0.0	11:46	0.0	7:15	4:56	
16	Mon	5:40	0.4	6:04	0.3			12:52	0.0	7:15	4:57	
17	Tue	6:40	0.4	7:10	0.3	12:52	0.0	1:52	0.0	7:14	4:58	
18	Wed	7:46	0.4	8:16	0.3	1:46	0.0	2:46	0.0	7:14	4:59	
19	Thu	8:40	0.4	9:10	0.3	2:40	0.0	3:40	0.0	7:13	5:00	
20	Fri	9:28	0.4	9:58	0.3	3:34	0.0	4:28	0.0	7:13	5:01	
21	Sat	10:16	0.4	10:40	0.3	4:22	0.0	5:10	0.0	7:12	5:02	
22	Sun	10:52	0.4	11:22	0.3	5:10	0.0	5:52	0.0	7:12	5:03	
23	Mon	11:34	0.4			5:52	0.0	6:34	0.0	7:11	5:05	
24	Tue	12:04	0.3	12:10	0.4	6:34	0.0	7:04	0.0	7:10	5:06	
25	Wed	12:46	0.3	12:52	0.4	7:10	0.0	7:40	0.0	7:10	5:07	
26	Thu	1:28	0.3	1:28	0.3	7:46	0.0	8:10	0.0	7:09	5:08	
27	Fri	2:10	0.3	2:10	0.3	8:22	0.0	8:40	0.0	7:08	5:09	
28	Sat	2:52	0.3	2:52	0.3	9:10	0.0	9:16	0.0	7:07	5:11	
29	Sun	3:34	0.3	3:34	0.3	9:58	0.1	9:58	0.0	7:06	5:12	
30	Mon	4:16	0.3	4:22	0.3	11:10	0.1	10:58	0.1	7:06	5:13	
31	Tue	5:04	0.3	5:22	0.3			12:16	0.1	7:05	5:14	