

































Island Beach, NJ - Dec 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:52	0.3	2:51	0.3	8:52	0.1	9:39	0.1	6:59	4:32	
2	Mon	3:40	0.3	3:39	0.3	9:46	0.1	10:32	0.1	7:00	4:31	
3	Tue	4:27	0.3	4:26	0.3	10:50	0.1	11:28	0.1	7:00	4:31	
4	Wed	5:14	0.3	5:15	0.3	11:55	0.1			7:01	4:31	
5	Thu	6:03	0.3	6:10	0.3	12:21	0.1	12:53	0.1	7:02	4:31	
6	Fri	6:55	0.4	7:08	0.3	1:10	0.0	1:46	0.0	7:03	4:31	
7	Sat	7:45	0.4	8:03	0.3	1:57	0.0	2:35	0.0	7:04	4:31	
8	Sun	8:32	0.4	8:52	0.4	2:42	0.0	3:24	0.0	7:05	4:31	
9	Mon	9:17	0.4	9:39	0.4	3:28	0.0	4:13	0.0	7:06	4:31	
10	Tue	10:01	0.5	10:26	0.4	4:16	0.0	5:03	0.0	7:07	4:31	
11	Wed	10:47	0.5	11:14	0.4	5:06	0.0	5:52	-0.1	7:07	4:31	
12	Thu	11:35	0.5			5:56	0.0	6:40	-0.1	7:08	4:31	
13	Fri	12:06	0.4	12:27	0.5	6:46	0.0	7:27	-0.1	7:09	4:32	
14	Sat	1:02	0.4	1:23	0.4	7:36	0.0	8:17	-0.1	7:10	4:32	
15	Sun	2:02	0.4	2:23	0.4	8:31	0.0	9:10	0.0	7:10	4:32	
16	Mon	3:02	0.4	3:22	0.4	9:34	0.0	10:09	0.0	7:11	4:32	
17	Tue	4:00	0.4	4:20	0.4	10:43	0.0	11:11	0.0	7:12	4:33	
18	Wed	4:57	0.4	5:17	0.4	11:52	0.0			7:12	4:33	
19	Thu	5:55	0.4	6:17	0.4	12:11	0.0	12:56	0.0	7:13	4:34	
20	Fri	6:54	0.4	7:18	0.3	1:07	0.0	1:53	0.0	7:13	4:34	
21	Sat	7:50	0.4	8:15	0.4	1:59	0.0	2:45	0.0	7:14	4:35	
22	Sun	8:41	0.4	9:05	0.4	2:47	0.0	3:34	0.0	7:14	4:35	
23	Mon	9:26	0.4	9:51	0.4	3:33	0.0	4:21	0.0	7:15	4:36	
24	Tue	10:08	0.4	10:35	0.4	4:18	0.0	5:06	0.0	7:15	4:36	
25	Wed	10:48	0.4	11:17	0.4	5:02	0.0	5:48	0.0	7:16	4:37	
26	Thu	11:27	0.4	11:59	0.3	5:44	0.0	6:27	0.0	7:16	4:37	
27	Fri			12:05	0.4	6:24	0.0	7:04	0.0	7:16	4:38	
28	Sat	12:42	0.3	12:44	0.4	7:02	0.0	7:40	0.0	7:17	4:39	
29	Sun	1:26	0.3	1:24	0.4	7:39	0.0	8:15	0.0	7:17	4:40	
30	Mon	2:11	0.3	2:05	0.3	8:18	0.0	8:52	0.0	7:17	4:40	
31	Tue	2:56	0.3	2:49	0.3	9:02	0.1	9:33	0.0	7:17	4:41	