

































Island Beach, NJ - Jul 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:30	0.4	3:10	0.4	9:11	0.0	9:23	0.1	5:31	8:28	
2	Fri	3:13	0.4	3:53	0.4	9:47	0.0	10:07	0.1	5:32	8:28	
3	Sat	3:57	0.4	4:35	0.4	10:25	0.1	11:02	0.1	5:32	8:28	
4	Sun	4:41	0.3	5:15	0.4	11:10	0.1			5:33	8:28	
5	Mon	5:26	0.3	5:58	0.4	12:06	0.1	12:02	0.1	5:33	8:28	
6	Tue	6:17	0.3	6:46	0.4	1:10	0.1	12:58	0.1	5:34	8:27	
7	Wed	7:16	0.3	7:43	0.4	2:09	0.1	1:55	0.1	5:35	8:27	
8	Thu	8:21	0.3	8:42	0.4	3:04	0.1	2:50	0.1	5:35	8:27	
9	Fri	9:21	0.3	9:37	0.5	3:56	0.0	3:43	0.0	5:36	8:26	
10	Sat	10:14	0.4	10:28	0.5	4:48	0.0	4:38	0.0	5:37	8:26	
11	Sun	11:05	0.4	11:18	0.5	5:39	0.0	5:33	0.0	5:37	8:25	
12	Mon	11:55	0.4			6:29	0.0	6:28	0.0	5:38	8:25	
13	Tue	12:08	0.5	12:47	0.4	7:17	0.0	7:21	0.0	5:39	8:25	
14	Wed	12:59	0.5	1:41	0.4	8:03	-0.1	8:12	0.0	5:39	8:24	
15	Thu	1:52	0.5	2:36	0.4	8:49	0.0	9:05	0.0	5:40	8:23	
16	Fri	2:48	0.5	3:33	0.4	9:36	0.0	10:01	0.0	5:41	8:23	
17	Sat	3:44	0.4	4:28	0.4	10:27	0.0	11:04	0.0	5:42	8:22	
18	Sun	4:40	0.4	5:21	0.4	11:24	0.0			5:43	8:22	
19	Mon	5:36	0.4	6:15	0.4	12:11	0.1	12:24	0.0	5:43	8:21	
20	Tue	6:33	0.4	7:12	0.4	1:17	0.1	1:24	0.0	5:44	8:20	
21	Wed	7:35	0.3	8:11	0.4	2:17	0.1	2:20	0.0	5:45	8:20	
22	Thu	8:38	0.3	9:07	0.4	3:12	0.0	3:13	0.1	5:46	8:19	
23	Fri	9:35	0.3	9:57	0.4	4:02	0.0	4:02	0.1	5:47	8:18	
24	Sat	10:24	0.4	10:41	0.4	4:49	0.0	4:49	0.1	5:48	8:17	
25	Sun	11:07	0.4	11:22	0.4	5:34	0.0	5:35	0.0	5:48	8:16	
26	Mon	11:49	0.4			6:15	0.0	6:19	0.0	5:49	8:15	
27	Tue	12:01	0.4	12:29	0.4	6:54	0.0	7:01	0.1	5:50	8:15	
28	Wed	12:39	0.4	1:08	0.4	7:30	0.0	7:40	0.1	5:51	8:14	
29	Thu	1:16	0.4	1:46	0.4	8:04	0.0	8:16	0.1	5:52	8:13	
30	Fri	1:53	0.4	2:24	0.4	8:35	0.0	8:53	0.1	5:53	8:12	
31	Sat	2:31	0.4	3:03	0.4	9:06	0.0	9:31	0.1	5:54	8:11	