US HARBORS www.USHarbors.com

Island Beach, NJ - Jan 2014

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:16	0.5	10:43	0.4	4:30	-0.1	5:16	-0.1	7:17	4:42	
2	Thu	11:07	0.5	11:37	0.4	5:24	-0.1	6:07	-0.1	7:17	4:43	
3	Fri	11:59	0.5			6:18	-0.1	6:56	-0.1	7:17	4:43	
4	Sat	12:31	0.4	12:53	0.5	7:09	-0.1	7:44	-0.1	7:17	4:44	
5	Sun	1:28	0.4	1:49	0.4	8:01	-0.1	8:33	-0.1	7:17	4:45	
6	Mon	2:26	0.4	2:45	0.4	8:57	0.0	9:25	-0.1	7:17	4:46	
7	Tue	3:22	0.4	3:41	0.4	9:58	0.0	10:22	0.0	7:17	4:47	
8	Wed	4:16	0.4	4:35	0.3	11:04	0.0	11:20	0.0	7:17	4:48	
9	Thu	5:09	0.4	5:29	0.3			12:09	0.0	7:17	4:49	
10	Fri	6:04	0.4	6:27	0.3	12:18	0.0	1:09	0.0	7:17	4:50	
11	Sat	7:00	0.4	7:26	0.3	1:11	0.0	2:02	0.0	7:17	4:51	
12	Sun	7:54	0.4	8:20	0.3	2:00	0.0	2:50	0.0	7:16	4:52	
13	Mon	8:42	0.4	9:08	0.3	2:46	0.0	3:35	0.0	7:16	4:53	
14	Tue	9:25	0.4	9:51	0.3	3:30	0.0	4:18	0.0	7:16	4:54	
15	Wed	10:05	0.4	10:32	0.3	4:14	0.0	5:00	0.0	7:15	4:55	
16	Thu	10:42	0.4	11:11	0.3	4:57	0.0	5:40	0.0	7:15	4:57	
17	Fri	11:17	0.4	11:49	0.3	5:38	0.0	6:17	0.0	7:14	4:58	
18	Sat	11:51	0.4			6:17	0.0	6:51	0.0	7:14	4:59	
19	Sun	12:27	0.3	12:24	0.4	6:53	0.0	7:24	0.0	7:13	5:00	
20	Mon	1:04	0.3	12:58	0.3	7:29	0.0	7:55	0.0	7:13	5:01	
21	Tue	1:42	0.3	1:37	0.3	8:05	0.0	8:27	0.0	7:12	5:02	
22	Wed	2:24	0.3	2:23	0.3	8:47	0.0	9:04	0.0	7:12	5:03	
23	Thu	3:10	0.3	3:16	0.3	9:41	0.0	9:55	0.0	7:11	5:04	
24	Fri	4:01	0.3	4:13	0.3	10:53	0.0	11:03	0.0	7:10	5:06	
25	Sat	4:57	0.4	5:16	0.3			12:07	0.0	7:10	5:07	
26	Sun	6:00	0.4	6:26	0.3	12:15	0.0	1:14	0.0	7:09	5:08	
27	Mon	7:07	0.4	7:37	0.3	1:21	0.0	2:14	0.0	7:08	5:09	
28	Tue	8:11	0.4	8:40	0.4	2:21	0.0	3:09	-0.1	7:07	5:10	
29	Wed	9:08	0.5	9:36	0.4	3:18	-0.1	4:03	-0.1	7:06	5:12	
30	Thu	10:01	0.5	10:28	0.4	4:15	-0.1	4:56	-0.1	7:06	5:13	
31	Fri	10:52	0.5	11:20	0.4	5:10	-0.1	5:46	-0.1	7:05	5:14	