US HARBORS www.USHarbors.com

Island Beach, NJ - Jan 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:43	0.3	3:47	0.3	10:00	0.1	10:33	0.0	7:17	4:41	
2	Sat	4:29	0.3	4:34	0.3	11:01	0.1	11:26	0.0	7:17	4:42	
3	Sun	5:16	0.3	5:24	0.3			12:03	0.1	7:17	4:43	
4	Mon	6:06	0.3	6:19	0.3	12:19	0.0	1:00	0.1	7:17	4:44	
5	Tue	6:59	0.3	7:17	0.3	1:10	0.0	1:52	0.0	7:17	4:45	
6	Wed	7:50	0.4	8:11	0.3	1:57	0.0	2:40	0.0	7:17	4:46	
7	Thu	8:36	0.4	8:58	0.3	2:43	0.0	3:26	0.0	7:17	4:47	
8	Fri	9:19	0.4	9:42	0.3	3:28	0.0	4:13	0.0	7:17	4:48	
9	Sat	10:00	0.4	10:24	0.3	4:14	0.0	4:59	0.0	7:17	4:49	
10	Sun	10:41	0.4	11:06	0.4	5:00	0.0	5:43	-0.1	7:17	4:50	
11	Mon	11:23	0.4	11:51	0.4	5:46	0.0	6:27	-0.1	7:17	4:51	
12	Tue			12:09	0.4	6:32	0.0	7:09	-0.1	7:16	4:52	
13	Wed	12:39	0.4	12:58	0.4	7:18	0.0	7:53	-0.1	7:16	4:53	
14	Thu	1:32	0.4	1:53	0.4	8:07	0.0	8:39	-0.1	7:16	4:54	
15	Fri	2:29	0.4	2:50	0.4	9:03	0.0	9:32	0.0	7:15	4:55	
16	Sat	3:26	0.4	3:48	0.4	10:09	0.0	10:32	0.0	7:15	4:56	
17	Sun	4:24	0.4	4:47	0.3	11:20	0.0	11:37	0.0	7:15	4:57	
18	Mon	5:22	0.4	5:48	0.3			12:30	0.0	7:14	4:58	
19	Tue	6:24	0.4	6:54	0.3	12:39	0.0	1:33	0.0	7:14	4:59	
20	Wed	7:28	0.4	7:58	0.3	1:38	0.0	2:30	0.0	7:13	5:00	
21	Thu	8:26	0.4	8:54	0.4	2:33	0.0	3:23	0.0	7:13	5:02	
22	Fri	9:17	0.4	9:45	0.4	3:24	0.0	4:13	-0.1	7:12	5:03	
23	Sat	10:04	0.4	10:31	0.4	4:14	0.0	5:01	-0.1	7:11	5:04	
24	Sun	10:47	0.4	11:16	0.4	5:02	0.0	5:45	-0.1	7:11	5:05	
25	Mon	11:29	0.4			5:48	0.0	6:26	-0.1	7:10	5:06	
26	Tue	12:00	0.4	12:11	0.4	6:30	0.0	7:04	0.0	7:09	5:07	
27	Wed	12:43	0.4	12:52	0.4	7:09	0.0	7:40	0.0	7:08	5:09	
28	Thu	1:28	0.3	1:34	0.3	7:48	0.0	8:15	0.0	7:08	5:10	
29	Fri	2:12	0.3	2:18	0.3	8:28	0.0	8:52	0.0	7:07	5:11	
30	Sat	2:57	0.3	3:03	0.3	9:13	0.0	9:33	0.0	7:06	5:12	
31	Sun	3:42	0.3	3:49	0.3	10:07	0.1	10:23	0.0	7:05	5:13	