US HARBORS www.USHarbors.com

Island Beach, NJ - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:55	0.3	6:34	0.3	12:08	0.1	1:15	0.1	6:29	5:47	
2	Thu	6:58	0.3	7:36	0.3	1:08	0.1	2:07	0.0	6:27	5:49	
3	Fri	7:57	0.3	8:30	0.3	2:01	0.1	2:54	0.0	6:26	5:50	
4	Sat	8:46	0.3	9:15	0.3	2:50	0.0	3:36	0.0	6:24	5:51	
5	Sun	9:28	0.4	9:55	0.3	3:35	0.0	4:17	0.0	6:23	5:52	
6	Mon	10:05	0.4	10:32	0.4	4:19	0.0	4:55	0.0	6:21	5:53	
7	Tue	10:40	0.4	11:06	0.4	5:01	0.0	5:32	0.0	6:20	5:54	
8	Wed	11:13	0.4	11:38	0.4	5:41	0.0	6:06	0.0	6:18	5:55	
9	Thu	11:45	0.4			6:19	0.0	6:37	0.0	6:17	5:56	
10	Fri	12:10	0.4	12:18	0.4	6:56	0.0	7:06	0.0	6:15	5:57	
11	Sat	12:44	0.4	12:55	0.3	7:32	0.0	7:36	0.0	6:14	5:58	
12	Sun	1:22	0.4	2:40	0.3	9:12	0.0	9:09	0.0	7:12	6:59	
13	Mon	3:10	0.4	3:35	0.3	10:01	0.0	9:52	0.0	7:10	7:00	
14	Tue	4:07	0.4	4:37	0.3	11:06	0.0	10:56	0.0	7:09	7:01	
15	Wed	5:09	0.4	5:43	0.3			12:26	0.0	7:07	7:02	
16	Thu	6:16	0.4	6:55	0.3	12:25	0.0	1:40	0.0	7:06	7:03	
17	Fri	7:29	0.4	8:09	0.3	1:46	0.0	2:43	0.0	7:04	7:04	
18	Sat	8:40	0.4	9:15	0.4	2:53	0.0	3:39	0.0	7:02	7:05	
19	Sun	9:40	0.4	10:10	0.4	3:53	0.0	4:31	-0.1	7:01	7:07	
20	Mon	10:33	0.4	11:00	0.4	4:49	0.0	5:20	-0.1	6:59	7:08	
21	Tue	11:21	0.5	11:46	0.4	5:42	-0.1	6:07	-0.1	6:58	7:09	
22	Wed			12:08	0.4	6:33	-0.1	6:52	-0.1	6:56	7:10	
23	Thu	12:32	0.5	12:54	0.4	7:21	-0.1	7:34	-0.1	6:54	7:11	
24	Fri	1:17	0.4	1:42	0.4	8:06	-0.1	8:14	0.0	6:53	7:12	
25	Sat	2:02	0.4	2:31	0.4	8:51	0.0	8:53	0.0	6:51	7:13	
26	Sun	2:49	0.4	3:22	0.3	9:37	0.0	9:34	0.0	6:49	7:14	
27	Mon	3:38	0.4	4:16	0.3	10:28	0.0	10:20	0.1	6:48	7:15	
28	Tue	4:29	0.4	5:09	0.3	11:28	0.1	11:19	0.1	6:46	7:16	
29	Wed	5:21	0.3	6:03	0.3			12:35	0.1	6:45	7:17	
30	Thu	6:16	0.3	7:01	0.3	12:29	0.1	1:38	0.1	6:43	7:18	
31	Fri	7:17	0.3	8:02	0.3	1:36	0.1	2:31	0.1	6:41	7:19	