































## Island Beach, NJ - May 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:23	0.3	9:02	0.4	2:49	0.1	3:14	0.0	5:56	7:50	
2	Tue	9:13	0.4	9:44	0.4	3:36	0.1	3:54	0.0	5:55	7:51	
3	Wed	9:57	0.4	10:22	0.4	4:22	0.0	4:33	0.0	5:54	7:52	
4	Thu	10:37	0.4	10:58	0.4	5:07	0.0	5:13	0.0	5:52	7:53	
5	Fri	11:17	0.4	11:34	0.5	5:52	0.0	5:54	0.0	5:51	7:54	
6	Sat	11:58	0.4			6:38	0.0	6:35	0.0	5:50	7:55	
7	Sun	12:13	0.5	12:41	0.4	7:23	0.0	7:18	0.0	5:49	7:56	
8	Mon	12:57	0.5	1:31	0.4	8:08	0.0	8:01	0.0	5:48	7:57	
9	Tue	1:47	0.5	2:27	0.3	8:55	0.0	8:49	0.0	5:47	7:58	
10	Wed	2:45	0.4	3:30	0.3	9:47	0.0	9:45	0.1	5:46	7:59	
11	Thu	3:49	0.4	4:33	0.4	10:48	0.0	10:55	0.1	5:45	8:00	
12	Fri	4:51	0.4	5:34	0.4	11:54	0.0			5:44	8:01	
13	Sat	5:52	0.4	6:34	0.4	12:13	0.1	12:58	0.0	5:43	8:02	
14	Sun	6:53	0.4	7:35	0.4	1:25	0.1	1:55	0.0	5:42	8:03	
15	Mon	7:56	0.4	8:34	0.4	2:28	0.0	2:47	0.0	5:41	8:04	
16	Tue	8:55	0.4	9:27	0.4	3:24	0.0	3:35	0.0	5:40	8:05	
17	Wed	9:48	0.4	10:13	0.5	4:16	0.0	4:21	0.0	5:39	8:05	
18	Thu	10:37	0.4	10:57	0.5	5:06	0.0	5:06	0.0	5:38	8:06	
19	Fri	11:22	0.4	11:38	0.5	5:54	0.0	5:50	0.0	5:37	8:07	
20	Sat			12:07	0.4	6:41	0.0	6:34	0.0	5:37	8:08	
21	Sun	12:18	0.5	12:53	0.4	7:24	0.0	7:16	0.0	5:36	8:09	
22	Mon	12:59	0.4	1:40	0.4	8:06	0.0	7:55	0.1	5:35	8:10	
23	Tue	1:42	0.4	2:29	0.3	8:46	0.0	8:35	0.1	5:34	8:11	
24	Wed	2:27	0.4	3:21	0.3	9:27	0.1	9:16	0.1	5:34	8:12	
25	Thu	3:17	0.4	4:13	0.3	10:12	0.1	10:04	0.1	5:33	8:13	
26	Fri	4:06	0.4	5:01	0.3	11:03	0.1	11:03	0.1	5:32	8:13	
27	Sat	4:55	0.3	5:48	0.3	11:58	0.1			5:32	8:14	
28	Sun	5:42	0.3	6:35	0.3	12:11	0.1	12:51	0.1	5:31	8:15	
29	Mon	6:32	0.3	7:24	0.4	1:14	0.1	1:40	0.1	5:31	8:16	
30	Tue	7:26	0.3	8:13	0.4	2:10	0.1	2:25	0.1	5:30	8:16	
31	Wed	8:23	0.3	9:00	0.4	3:01	0.1	3:08	0.0	5:30	8:17	