US HARBORS www.USHarbors.com

Island Beach, NJ - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:36	0.3	10:00	0.5	4:13	0.0	4:05	0.0	5:31	8:28	
2	Sun	10:30	0.4	10:51	0.5	5:06	0.0	4:59	0.0	5:32	8:28	
3	Mon	11:22	0.4	11:41	0.5	5:59	0.0	5:55	0.0	5:32	8:28	
4	Tue			12:15	0.4	6:51	0.0	6:50	0.0	5:33	8:28	
5	Wed	12:34	0.5	1:10	0.4	7:40	0.0	7:44	0.0	5:33	8:28	
6	Thu	1:28	0.5	2:08	0.4	8:29	0.0	8:37	0.0	5:34	8:27	
7	Fri	2:25	0.5	3:06	0.4	9:17	0.0	9:32	0.0	5:35	8:27	
8	Sat	3:22	0.5	4:04	0.4	10:07	0.0	10:33	0.0	5:35	8:27	
9	Sun	4:19	0.4	4:58	0.4	11:01	0.0	11:39	0.1	5:36	8:26	
10	Mon	5:13	0.4	5:51	0.4	11:58	0.0			5:37	8:26	
11	Tue	6:07	0.4	6:43	0.4	12:46	0.1	12:54	0.0	5:37	8:26	
12	Wed	7:03	0.4	7:39	0.4	1:49	0.1	1:48	0.0	5:38	8:25	
13	Thu	8:04	0.3	8:34	0.4	2:46	0.1	2:39	0.0	5:39	8:25	
14	Fri	9:02	0.3	9:26	0.4	3:38	0.0	3:27	0.0	5:39	8:24	
15	Sat	9:55	0.3	10:12	0.4	4:26	0.0	4:14	0.1	5:40	8:24	
16	Sun	10:42	0.4	10:54	0.4	5:13	0.0	5:00	0.1	5:41	8:23	
17	Mon	11:26	0.4	11:34	0.4	5:58	0.0	5:45	0.1	5:42	8:22	
18	Tue			12:08	0.4	6:40	0.0	6:29	0.1	5:42	8:22	
19	Wed	12:13	0.4	12:50	0.4	7:19	0.0	7:11	0.1	5:43	8:21	
20	Thu	12:51	0.4	1:32	0.4	7:55	0.0	7:50	0.1	5:44	8:20	
21	Fri	1:28	0.4	2:14	0.4	8:28	0.0	8:27	0.1	5:45	8:20	
22	Sat	2:05	0.4	2:56	0.4	9:01	0.0	9:05	0.1	5:46	8:19	
23	Sun	2:43	0.4	3:37	0.4	9:32	0.1	9:45	0.1	5:47	8:18	
24	Mon	3:24	0.4	4:17	0.4	10:06	0.1	10:35	0.1	5:47	8:17	
25	Tue	4:09	0.3	4:58	0.4	10:45	0.1	11:39	0.1	5:48	8:16	
26	Wed	4:58	0.3	5:43	0.4	11:37	0.1			5:49	8:16	
27	Thu	5:52	0.3	6:35	0.4	12:48	0.1	12:40	0.1	5:50	8:15	
28	Fri	6:55	0.3	7:36	0.4	1:54	0.1	1:44	0.1	5:51	8:14	
29	Sat	8:06	0.3	8:41	0.4	2:54	0.1	2:46	0.1	5:52	8:13	
30	Sun	9:14	0.3	9:41	0.5	3:50	0.0	3:45	0.0	5:53	8:12	
31	Mon	10:12	0.4	10:35	0.5	4:45	0.0	4:43	0.0	5:54	8:11	