US HARBORS www.USHarbors.com

Island Beach, NJ - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:16	0.3	2:12	0.3	8:18	0.1	8:57	0.0	7:17	4:41	
2	Tue	3:02	0.3	2:56	0.3	9:04	0.1	9:39	0.0	7:17	4:42	
3	Wed	3:46	0.3	3:41	0.3	9:59	0.1	10:26	0.0	7:17	4:43	
4	Thu	4:29	0.3	4:27	0.3	11:04	0.1	11:19	0.0	7:17	4:44	
5	Fri	5:13	0.3	5:17	0.3			12:09	0.1	7:17	4:45	
6	Sat	6:02	0.3	6:16	0.3	12:13	0.0	1:09	0.1	7:17	4:46	
7	Sun	6:57	0.4	7:20	0.3	1:06	0.0	2:03	0.0	7:17	4:47	
8	Mon	7:52	0.4	8:19	0.3	1:57	0.0	2:54	0.0	7:17	4:48	
9	Tue	8:44	0.4	9:11	0.3	2:48	0.0	3:45	0.0	7:17	4:49	
10	Wed	9:32	0.4	10:00	0.3	3:39	0.0	4:36	0.0	7:17	4:50	
11	Thu	10:20	0.4	10:48	0.3	4:31	0.0	5:25	-0.1	7:17	4:51	
12	Fri	11:08	0.5	11:38	0.4	5:24	0.0	6:13	-0.1	7:16	4:52	
13	Sat	11:58	0.5			6:15	-0.1	6:59	-0.1	7:16	4:53	
14	Sun	12:30	0.4	12:50	0.4	7:06	-0.1	7:44	-0.1	7:16	4:54	
15	Mon	1:25	0.4	1:44	0.4	7:57	0.0	8:30	-0.1	7:15	4:55	
16	Tue	2:22	0.4	2:40	0.4	8:52	0.0	9:21	-0.1	7:15	4:56	
17	Wed	3:18	0.4	3:36	0.4	9:55	0.0	10:16	0.0	7:15	4:57	
18	Thu	4:13	0.4	4:32	0.3	11:05	0.0	11:16	0.0	7:14	4:58	
19	Fri	5:08	0.4	5:30	0.3			12:14	0.0	7:14	4:59	
20	Sat	6:06	0.4	6:33	0.3	12:17	0.0	1:18	0.0	7:13	5:01	
21	Sun	7:07	0.4	7:38	0.3	1:15	0.0	2:15	0.0	7:12	5:02	
22	Mon	8:07	0.4	8:36	0.3	2:09	0.0	3:07	0.0	7:12	5:03	
23	Tue	8:58	0.4	9:26	0.3	2:59	0.0	3:56	0.0	7:11	5:04	
24	Wed	9:43	0.4	10:11	0.3	3:48	0.0	4:42	0.0	7:11	5:05	
25	Thu	10:25	0.4	10:53	0.3	4:34	0.0	5:24	0.0	7:10	5:06	
26	Fri	11:04	0.4	11:34	0.3	5:18	0.0	6:03	0.0	7:09	5:08	
27	Sat	11:41	0.4			5:59	0.0	6:39	0.0	7:08	5:09	
28	Sun	12:14	0.3	12:18	0.4	6:38	0.0	7:12	0.0	7:08	5:10	
29	Mon	12:53	0.3	12:53	0.3	7:14	0.0	7:43	0.0	7:07	5:11	
30	Tue	1:33	0.3	1:30	0.3	7:50	0.0	8:13	0.0	7:06	5:12	
31	Wed	2:12	0.3	2:08	0.3	8:27	0.0	8:43	0.0	7:05	5:13	