US HARBORS www.USHarbors.com

Island Beach, NJ - Jan 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	11:22	0.4	11:52	0.3	5:46	0.0	6:34	0.0	7:17	4:42	
2	Thu			12:10	0.4	6:28	0.0	7:10	0.0	7:17	4:43	
3	Fri	12:40	0.3	12:52	0.4	7:10	0.0	7:52	0.0	7:17	4:44	
4	Sat	1:34	0.3	1:46	0.4	7:58	0.0	8:40	0.0	7:17	4:45	
5	Sun	2:28	0.4	2:40	0.4	8:52	0.0	9:28	0.0	7:17	4:46	
6	Mon	3:22	0.4	3:40	0.4	9:58	0.0	10:22	0.0	7:17	4:47	
7	Tue	4:16	0.4	4:40	0.3	11:16	0.0	11:22	0.0	7:17	4:47	
8	Wed	5:16	0.4	5:40	0.3			12:22	0.0	7:17	4:48	
9	Thu	6:16	0.4	6:46	0.3	12:28	0.0	1:28	0.0	7:17	4:49	
10	Fri	7:22	0.4	7:52	0.3	1:28	0.0	2:28	0.0	7:17	4:50	
11	Sat	8:22	0.4	8:52	0.3	2:22	0.0	3:22	0.0	7:16	4:51	
12	Sun	9:16	0.4	9:46	0.3	3:22	0.0	4:16	0.0	7:16	4:53	
13	Mon	10:04	0.4	10:34	0.3	4:10	0.0	5:10	-0.1	7:16	4:54	
14	Tue	10:52	0.4	11:22	0.3	5:04	0.0	5:52	-0.1	7:15	4:55	
15	Wed	11:34	0.4			5:52	0.0	6:34	-0.1	7:15	4:56	
16	Thu	12:10	0.3	12:16	0.4	6:34	0.0	7:16	0.0	7:15	4:57	
17	Fri	12:52	0.3	1:04	0.4	7:16	0.0	7:52	0.0	7:14	4:58	
18	Sat	1:40	0.3	1:46	0.3	7:58	0.0	8:28	0.0	7:14	4:59	
19	Sun	2:22	0.3	2:28	0.3	8:40	0.0	9:04	0.0	7:13	5:00	
20	Mon	3:10	0.3	3:10	0.3	9:28	0.1	9:40	0.0	7:13	5:01	
21	Tue	3:52	0.3	3:58	0.3	10:22	0.1	10:28	0.0	7:12	5:03	
22	Wed	4:34	0.3	4:46	0.3	11:28	0.1	11:28	0.1	7:11	5:04	
23	Thu	5:22	0.3	5:40	0.3			12:28	0.1	7:11	5:05	
24	Fri	6:16	0.3	6:40	0.3	12:28	0.1	1:28	0.0	7:10	5:06	
25	Sat	7:16	0.3	7:46	0.3	1:22	0.0	2:22	0.0	7:09	5:07	
26	Sun	8:10	0.4	8:40	0.3	2:10	0.0	3:10	0.0	7:09	5:08	
27	Mon	8:58	0.4	9:28	0.3	3:04	0.0	3:58	0.0	7:08	5:10	
28	Tue	9:40	0.4	10:10	0.3	3:52	0.0	4:40	0.0	7:07	5:11	
29	Wed	10:28	0.4	10:52	0.3	4:40	0.0	5:28	-0.1	7:06	5:12	
30	Thu	11:10	0.4	11:34	0.4	5:28	0.0	6:10	-0.1	7:05	5:13	
31	Fri	11:52	0.4			6:16	-0.1	6:52	-0.1	7:04	5:14	