US HARBORS www.USHarbors.com

Island Beach, NJ - Mar 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:34	0.4	11:58	0.4	6:01	-0.1	6:24	-0.1	6:28	5:48	
2	Sun			12:22	0.4	6:49	-0.1	7:06	-0.1	6:27	5:49	
3	Mon	12:47	0.4	1:14	0.4	7:38	-0.1	7:49	-0.1	6:25	5:50	
4	Tue	1:40	0.4	2:10	0.4	8:29	0.0	8:35	0.0	6:24	5:51	
5	Wed	2:36	0.4	3:09	0.3	9:28	0.0	9:31	0.0	6:22	5:52	
6	Thu	3:35	0.4	4:10	0.3	10:38	0.0	10:38	0.0	6:21	5:53	
7	Fri	4:36	0.4	5:13	0.3	11:52	0.0	11:52	0.0	6:19	5:55	
8	Sat	5:40	0.4	6:20	0.3			1:01	0.0	6:17	5:56	
9	Sun	7:49	0.4	8:28	0.3	1:01	0.0	2:59	0.0	7:16	6:57	
10	Mon	8:54	0.4	9:26	0.3	3:01	0.0	3:50	0.0	7:14	6:58	
11	Tue	9:47	0.4	10:14	0.4	3:54	0.0	4:36	0.0	7:13	6:59	
12	Wed	10:31	0.4	10:56	0.4	4:42	0.0	5:17	0.0	7:11	7:00	
13	Thu	11:10	0.4	11:34	0.4	5:26	0.0	5:56	0.0	7:10	7:01	
14	Fri	11:47	0.4			6:09	0.0	6:32	0.0	7:08	7:02	
15	Sat	12:10	0.4	12:23	0.4	6:49	0.0	7:06	0.0	7:06	7:03	
16	Sun	12:45	0.4	12:58	0.4	7:26	0.0	7:37	0.0	7:05	7:04	
17	Mon	1:19	0.4	1:33	0.3	8:02	0.0	8:07	0.0	7:03	7:05	
18	Tue	1:53	0.4	2:09	0.3	8:36	0.0	8:34	0.0	7:02	7:06	
19	Wed	2:27	0.4	2:48	0.3	9:11	0.0	9:02	0.0	7:00	7:07	
20	Thu	3:06	0.3	3:33	0.3	9:51	0.1	9:34	0.1	6:58	7:08	
21	Fri	3:51	0.3	4:25	0.3	10:43	0.1	10:20	0.1	6:57	7:09	
22	Sat	4:43	0.3	5:21	0.3	11:55	0.1	11:38	0.1	6:55	7:10	
23	Sun	5:41	0.3	6:22	0.3			1:08	0.1	6:53	7:11	
24	Mon	6:46	0.3	7:30	0.3	1:07	0.1	2:10	0.0	6:52	7:12	
25	Tue	7:55	0.4	8:34	0.3	2:16	0.1	3:03	0.0	6:50	7:13	
26	Wed	8:57	0.4	9:28	0.4	3:14	0.0	3:51	0.0	6:49	7:14	
27	Thu	9:51	0.4	10:17	0.4	4:08	0.0	4:38	0.0	6:47	7:15	
28	Fri	10:39	0.4	11:03	0.4	5:01	0.0	5:24	-0.1	6:45	7:16	
29	Sat	11:26	0.4	11:48	0.5	5:53	-0.1	6:10	-0.1	6:44	7:17	
30	Sun			12:14	0.4	6:45	-0.1	6:56	-0.1	6:42	7:18	
31	Mon	12:35	0.5	1:04	0.4	7:35	-0.1	7:42	-0.1	6:41	7:19	