

Island Beach, NJ - Mar 2025

| Date | | High | | | | Low | | | | ☀️ | | 🌙 |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | 11:34 | 0.4 | 11:58 | 0.4 | 6:01 | -0.1 | 6:24 | -0.1 | 6:28 | 5:48 | 🌑 |
| 2 | Sun | | | 12:22 | 0.4 | 6:49 | -0.1 | 7:06 | -0.1 | 6:27 | 5:49 | 🌑 |
| 3 | Mon | 12:47 | 0.4 | 1:14 | 0.4 | 7:38 | -0.1 | 7:49 | -0.1 | 6:25 | 5:50 | 🌒 |
| 4 | Tue | 1:40 | 0.4 | 2:10 | 0.4 | 8:29 | 0.0 | 8:35 | 0.0 | 6:24 | 5:51 | 🌒 |
| 5 | Wed | 2:36 | 0.4 | 3:09 | 0.3 | 9:28 | 0.0 | 9:31 | 0.0 | 6:22 | 5:52 | 🌒 |
| 6 | Thu | 3:35 | 0.4 | 4:10 | 0.3 | 10:38 | 0.0 | 10:38 | 0.0 | 6:21 | 5:53 | 🌓 |
| 7 | Fri | 4:36 | 0.4 | 5:13 | 0.3 | 11:52 | 0.0 | 11:52 | 0.0 | 6:19 | 5:55 | 🌓 |
| 8 | Sat | 5:40 | 0.4 | 6:20 | 0.3 | | | 1:01 | 0.0 | 6:17 | 5:56 | 🌓 |
| 9 | Sun | 7:49 | 0.4 | 8:28 | 0.3 | 1:01 | 0.0 | 2:59 | 0.0 | 7:16 | 6:57 | 🌓 |
| 10 | Mon | 8:54 | 0.4 | 9:26 | 0.3 | 3:01 | 0.0 | 3:50 | 0.0 | 7:14 | 6:58 | 🌔 |
| 11 | Tue | 9:47 | 0.4 | 10:14 | 0.4 | 3:54 | 0.0 | 4:36 | 0.0 | 7:13 | 6:59 | 🌔 |
| 12 | Wed | 10:31 | 0.4 | 10:56 | 0.4 | 4:42 | 0.0 | 5:17 | 0.0 | 7:11 | 7:00 | 🌔 |
| 13 | Thu | 11:10 | 0.4 | 11:34 | 0.4 | 5:26 | 0.0 | 5:56 | 0.0 | 7:10 | 7:01 | 🌔 |
| 14 | Fri | 11:47 | 0.4 | | | 6:09 | 0.0 | 6:32 | 0.0 | 7:08 | 7:02 | 🌔 |
| 15 | Sat | 12:10 | 0.4 | 12:23 | 0.4 | 6:49 | 0.0 | 7:06 | 0.0 | 7:06 | 7:03 | 🌔 |
| 16 | Sun | 12:45 | 0.4 | 12:58 | 0.4 | 7:26 | 0.0 | 7:37 | 0.0 | 7:05 | 7:04 | 🌔 |
| 17 | Mon | 1:19 | 0.4 | 1:33 | 0.3 | 8:02 | 0.0 | 8:07 | 0.0 | 7:03 | 7:05 | 🌔 |
| 18 | Tue | 1:53 | 0.4 | 2:09 | 0.3 | 8:36 | 0.0 | 8:34 | 0.0 | 7:02 | 7:06 | 🌔 |
| 19 | Wed | 2:27 | 0.4 | 2:48 | 0.3 | 9:11 | 0.0 | 9:02 | 0.0 | 7:00 | 7:07 | 🌔 |
| 20 | Thu | 3:06 | 0.3 | 3:33 | 0.3 | 9:51 | 0.1 | 9:34 | 0.1 | 6:58 | 7:08 | 🌔 |
| 21 | Fri | 3:51 | 0.3 | 4:25 | 0.3 | 10:43 | 0.1 | 10:20 | 0.1 | 6:57 | 7:09 | 🌔 |
| 22 | Sat | 4:43 | 0.3 | 5:21 | 0.3 | 11:55 | 0.1 | 11:38 | 0.1 | 6:55 | 7:10 | 🌓 |
| 23 | Sun | 5:41 | 0.3 | 6:22 | 0.3 | | | 1:08 | 0.1 | 6:53 | 7:11 | 🌓 |
| 24 | Mon | 6:46 | 0.3 | 7:30 | 0.3 | 1:07 | 0.1 | 2:10 | 0.0 | 6:52 | 7:12 | 🌓 |
| 25 | Tue | 7:55 | 0.4 | 8:34 | 0.3 | 2:16 | 0.1 | 3:03 | 0.0 | 6:50 | 7:13 | 🌓 |
| 26 | Wed | 8:57 | 0.4 | 9:28 | 0.4 | 3:14 | 0.0 | 3:51 | 0.0 | 6:49 | 7:14 | 🌑 |
| 27 | Thu | 9:51 | 0.4 | 10:17 | 0.4 | 4:08 | 0.0 | 4:38 | 0.0 | 6:47 | 7:15 | 🌑 |
| 28 | Fri | 10:39 | 0.4 | 11:03 | 0.4 | 5:01 | 0.0 | 5:24 | -0.1 | 6:45 | 7:16 | 🌑 |
| 29 | Sat | 11:26 | 0.4 | 11:48 | 0.5 | 5:53 | -0.1 | 6:10 | -0.1 | 6:44 | 7:17 | 🌑 |
| 30 | Sun | | | 12:14 | 0.4 | 6:45 | -0.1 | 6:56 | -0.1 | 6:42 | 7:18 | 🌑 |
| 31 | Mon | 12:35 | 0.5 | 1:04 | 0.4 | 7:35 | -0.1 | 7:42 | -0.1 | 6:41 | 7:19 | 🌑 |