US HARBORS www.USHarbors.com

Island Beach, NJ - May 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:00	0.5	2:43	0.4	9:02	0.0	9:01	0.0	5:55	7:50	
2	Fri	2:59	0.4	3:45	0.4	9:57	0.0	9:57	0.0	5:54	7:51	
3	Sat	4:00	0.4	4:45	0.4	10:59	0.0	11:02	0.1	5:53	7:52	
4	Sun	4:58	0.4	5:42	0.4			12:03	0.0	5:52	7:53	
5	Mon	5:54	0.4	6:37	0.4	12:13	0.1	1:04	0.0	5:51	7:54	
6	Tue	6:49	0.4	7:32	0.4	1:19	0.1	1:56	0.0	5:49	7:55	
7	Wed	7:46	0.3	8:25	0.4	2:16	0.1	2:42	0.0	5:48	7:56	
8	Thu	8:40	0.3	9:11	0.4	3:06	0.1	3:22	0.0	5:47	7:57	
9	Fri	9:27	0.4	9:53	0.4	3:51	0.0	4:00	0.0	5:46	7:58	
10	Sat	10:10	0.4	10:30	0.4	4:34	0.0	4:38	0.0	5:45	7:59	
11	Sun	10:49	0.4	11:06	0.4	5:16	0.0	5:16	0.0	5:44	8:00	
12	Mon	11:27	0.4	11:40	0.4	5:58	0.0	5:54	0.0	5:43	8:01	
13	Tue			12:05	0.3	6:39	0.0	6:32	0.1	5:42	8:02	
14	Wed	12:13	0.4	12:42	0.3	7:18	0.0	7:09	0.1	5:41	8:03	
15	Thu	12:46	0.4	1:20	0.3	7:56	0.0	7:44	0.1	5:40	8:04	
16	Fri	1:21	0.4	2:02	0.3	8:34	0.0	8:18	0.1	5:39	8:05	
17	Sat	2:02	0.4	2:50	0.3	9:13	0.0	8:56	0.1	5:39	8:06	
18	Sun	2:52	0.4	3:44	0.3	9:57	0.1	9:44	0.1	5:38	8:07	
19	Mon	3:48	0.4	4:38	0.3	10:50	0.1	10:51	0.1	5:37	8:08	
20	Tue	4:46	0.4	5:31	0.4	11:50	0.0			5:36	8:09	
21	Wed	5:44	0.4	6:27	0.4	12:12	0.1	12:50	0.0	5:35	8:10	
22	Thu	6:45	0.4	7:26	0.4	1:24	0.1	1:46	0.0	5:35	8:10	
23	Fri	7:49	0.4	8:26	0.4	2:28	0.0	2:39	0.0	5:34	8:11	
24	Sat	8:53	0.4	9:22	0.5	3:26	0.0	3:31	0.0	5:33	8:12	
25	Sun	9:51	0.4	10:15	0.5	4:22	0.0	4:22	0.0	5:33	8:13	
26	Mon	10:45	0.4	11:06	0.5	5:18	0.0	5:15	0.0	5:32	8:14	
27	Tue	11:39	0.4	11:56	0.5	6:13	0.0	6:10	0.0	5:32	8:15	
28	Wed			12:33	0.4	7:06	0.0	7:03	0.0	5:31	8:15	
29	Thu	12:49	0.5	1:29	0.4	7:57	0.0	7:54	0.0	5:31	8:16	
30	Fri	1:43	0.5	2:28	0.4	8:46	0.0	8:45	0.0	5:30	8:17	
31	Sat	2:39	0.4	3:27	0.4	9:37	0.0	9:38	0.1	5:30	8:18	