US HARBORS www.USHarbors.com

Island Beach, NJ - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:56	0.4	4:39	0.4	10:39	0.0	10:59	0.1	5:31	8:28	
2	Wed	4:43	0.4	5:24	0.4	11:27	0.1	11:59	0.1	5:32	8:28	
3	Thu	5:29	0.3	6:09	0.4			12:15	0.1	5:33	8:28	
4	Fri	6:16	0.3	6:55	0.4	12:59	0.1	1:04	0.1	5:33	8:28	
5	Sat	7:08	0.3	7:45	0.4	1:54	0.1	1:52	0.1	5:34	8:27	
6	Sun	8:05	0.3	8:36	0.4	2:45	0.1	2:39	0.1	5:34	8:27	
7	Mon	9:02	0.3	9:24	0.4	3:33	0.1	3:25	0.1	5:35	8:27	
8	Tue	9:52	0.3	10:08	0.4	4:20	0.1	4:10	0.1	5:36	8:27	
9	Wed	10:37	0.3	10:49	0.4	5:06	0.0	4:56	0.1	5:36	8:26	
10	Thu	11:19	0.3	11:28	0.4	5:52	0.0	5:43	0.1	5:37	8:26	
11	Fri			12:00	0.4	6:35	0.0	6:28	0.1	5:38	8:25	
12	Sat	12:08	0.4	12:41	0.4	7:16	0.0	7:12	0.0	5:38	8:25	
13	Sun	12:48	0.4	1:23	0.4	7:55	0.0	7:55	0.0	5:39	8:24	
14	Mon	1:32	0.4	2:10	0.4	8:33	0.0	8:39	0.0	5:40	8:24	
15	Tue	2:19	0.4	3:00	0.4	9:12	0.0	9:28	0.1	5:41	8:23	
16	Wed	3:11	0.4	3:52	0.4	9:55	0.0	10:25	0.1	5:41	8:23	
17	Thu	4:06	0.4	4:45	0.4	10:44	0.0	11:34	0.1	5:42	8:22	
18	Fri	5:02	0.4	5:39	0.4	11:41	0.0			5:43	8:21	
19	Sat	6:00	0.4	6:36	0.4	12:46	0.1	12:45	0.0	5:44	8:21	
20	Sun	7:05	0.4	7:40	0.4	1:54	0.1	1:48	0.0	5:45	8:20	
21	Mon	8:14	0.4	8:45	0.5	2:56	0.0	2:49	0.0	5:45	8:19	
22	Tue	9:20	0.4	9:45	0.5	3:54	0.0	3:47	0.0	5:46	8:19	
23	Wed	10:18	0.4	10:38	0.5	4:49	0.0	4:44	0.0	5:47	8:18	
24	Thu	11:11	0.4	11:28	0.5	5:42	0.0	5:38	0.0	5:48	8:17	
25	Fri			12:01	0.4	6:31	0.0	6:30	0.0	5:49	8:16	
26	Sat	12:14	0.5	12:50	0.4	7:17	0.0	7:18	0.0	5:50	8:15	
27	Sun	1:00	0.4	1:37	0.4	7:58	0.0	8:03	0.0	5:51	8:14	
28	Mon	1:45	0.4	2:24	0.4	8:36	0.0	8:45	0.1	5:51	8:13	
29	Tue	2:30	0.4	3:11	0.4	9:13	0.0	9:29	0.1	5:52	8:12	
30	Wed	3:16	0.4	3:56	0.4	9:50	0.0	10:16	0.1	5:53	8:11	
31	Thu	4:02	0.4	4:40	0.4	10:29	0.1	11:10	0.1	5:54	8:10	