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# Island Beach, NJ - Mar 2028

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 1:08 | 0.4 | 1:35 | 0.3 | 8:02 | 0.0 | 7:59 | 0.0 | 6:28 | 5:48 | |
| 2 | Thu | 1:47 | 0.4 | 2:22 | 0.3 | 8:42 | 0.0 | 8:35 | 0.0 | 6:26 | 5:49 | |
| 3 | Fri | 2:36 | 0.4 | 3:18 | 0.3 | 9:37 | 0.0 | 9:26 | 0.0 | 6:25 | 5:50 | |
| 4 | Sat | 3:34 | 0.4 | 4:19 | 0.3 | 10:55 | 0.1 | 10:41 | 0.0 | 6:23 | 5:52 | |
| 5 | Sun | 4:38 | 0.4 | 5:25 | 0.3 | | | 12:13 | 0.0 | 6:22 | 5:53 | |
| 6 | Mon | 5:48 | 0.4 | 6:37 | 0.3 | 12:06 | 0.0 | 1:18 | 0.0 | 6:20 | 5:54 | |
| 7 | Tue | 7:01 | 0.4 | 7:45 | 0.3 | 1:19 | 0.0 | 2:15 | 0.0 | 6:19 | 5:55 | |
| 8 | Wed | 8:07 | 0.4 | 8:44 | 0.4 | 2:21 | 0.0 | 3:07 | 0.0 | 6:17 | 5:56 | |
| 9 | Thu | 9:04 | 0.4 | 9:35 | 0.4 | 3:18 | -0.1 | 3:58 | -0.1 | 6:15 | 5:57 | |
| 10 | Fri | 9:55 | 0.4 | 10:24 | 0.5 | 4:14 | -0.1 | 4:47 | -0.1 | 6:14 | 5:58 | |
| 11 | Sat | 10:44 | 0.4 | 11:13 | 0.5 | 5:08 | -0.1 | 5:34 | -0.1 | 6:12 | 5:59 | |
| 12 | Sun | | | 12:32 | 0.4 | 6:59 | -0.1 | 7:20 | -0.1 | 7:11 | 7:00 | |
| 13 | Mon | 1:01 | 0.5 | 1:22 | 0.4 | 7:48 | -0.1 | 8:04 | -0.1 | 7:09 | 7:01 | |
| 14 | Tue | 1:50 | 0.4 | 2:14 | 0.4 | 8:36 | -0.1 | 8:48 | 0.0 | 7:08 | 7:02 | |
| 15 | Wed | 2:42 | 0.4 | 3:08 | 0.4 | 9:25 | 0.0 | 9:34 | 0.0 | 7:06 | 7:03 | |
| 16 | Thu | 3:36 | 0.4 | 4:05 | 0.3 | 10:18 | 0.0 | 10:26 | 0.0 | 7:04 | 7:04 | |
| 17 | Fri | 4:31 | 0.4 | 5:01 | 0.3 | 11:20 | 0.0 | 11:29 | 0.1 | 7:03 | 7:05 | |
| 18 | Sat | 5:25 | 0.4 | 5:57 | 0.3 | | | 12:27 | 0.1 | 7:01 | 7:06 | |
| 19 | Sun | 6:22 | 0.3 | 6:56 | 0.3 | 12:39 | 0.1 | 1:31 | 0.1 | 6:59 | 7:07 | |
| 20 | Mon | 7:21 | 0.3 | 7:57 | 0.3 | 1:43 | 0.1 | 2:25 | 0.0 | 6:58 | 7:08 | |
| 21 | Tue | 8:21 | 0.3 | 8:53 | 0.3 | 2:39 | 0.1 | 3:12 | 0.0 | 6:56 | 7:09 | |
| 22 | Wed | 9:13 | 0.3 | 9:40 | 0.3 | 3:28 | 0.0 | 3:54 | 0.0 | 6:55 | 7:10 | |
| 23 | Thu | 9:58 | 0.4 | 10:20 | 0.4 | 4:12 | 0.0 | 4:33 | 0.0 | 6:53 | 7:11 | |
| 24 | Fri | 10:37 | 0.4 | 10:56 | 0.4 | 4:55 | 0.0 | 5:11 | 0.0 | 6:51 | 7:12 | |
| 25 | Sat | 11:14 | 0.4 | 11:30 | 0.4 | 5:37 | 0.0 | 5:49 | 0.0 | 6:50 | 7:13 | |
| 26 | Sun | 11:49 | 0.4 | | | 6:18 | 0.0 | 6:24 | 0.0 | 6:48 | 7:14 | |
| 27 | Mon | 12:01 | 0.4 | 12:23 | 0.4 | 6:57 | 0.0 | 6:59 | 0.0 | 6:47 | 7:15 | |
| 28 | Tue | 12:31 | 0.4 | 12:58 | 0.3 | 7:34 | 0.0 | 7:31 | 0.0 | 6:45 | 7:16 | |
| 29 | Wed | 1:01 | 0.4 | 1:34 | 0.3 | 8:10 | 0.0 | 8:03 | 0.0 | 6:43 | 7:17 | |
| 30 | Thu | 1:36 | 0.4 | 2:16 | 0.3 | 8:47 | 0.0 | 8:37 | 0.0 | 6:42 | 7:18 | |
| 31 | Fri | 2:18 | 0.4 | 3:07 | 0.3 | 9:29 | 0.0 | 9:17 | 0.0 | 6:40 | 7:19 | |