US HARBORS www.USHarbors.com

Island Beach, NJ - Jan 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:46	0.4	11:22	0.4	5:04	0.0	5:58	-0.1	7:17	4:42	
2	Tue	11:28	0.4			5:52	0.0	6:40	-0.1	7:17	4:43	
3	Wed	12:10	0.4	12:16	0.4	6:40	0.0	7:22	-0.1	7:17	4:44	
4	Thu	12:58	0.4	1:10	0.4	7:28	0.0	8:04	-0.1	7:17	4:45	
5	Fri	1:52	0.4	2:04	0.4	8:22	0.0	8:52	0.0	7:17	4:46	
6	Sat	2:46	0.4	2:58	0.4	9:16	0.0	9:46	0.0	7:17	4:47	
7	Sun	3:46	0.4	3:58	0.3	10:28	0.0	10:46	0.0	7:17	4:47	
8	Mon	4:40	0.4	4:58	0.3	11:34	0.0	11:52	0.0	7:17	4:48	
9	Tue	5:40	0.4	5:58	0.3			12:46	0.0	7:17	4:49	
10	Wed	6:40	0.4	7:10	0.3	12:52	0.0	1:46	0.0	7:17	4:50	
11	Thu	7:46	0.4	8:10	0.3	1:52	0.0	2:40	0.0	7:16	4:52	
12	Fri	8:40	0.4	9:10	0.3	2:46	0.0	3:34	0.0	7:16	4:53	
13	Sat	9:34	0.4	9:58	0.3	3:40	0.0	4:22	0.0	7:16	4:54	
14	Sun	10:16	0.4	10:40	0.3	4:28	0.0	5:10	-0.1	7:15	4:55	
15	Mon	10:58	0.4	11:28	0.4	5:16	0.0	5:52	-0.1	7:15	4:56	
16	Tue	11:40	0.4			5:58	0.0	6:34	0.0	7:15	4:57	
17	Wed	12:10	0.3	12:22	0.4	6:40	0.0	7:10	0.0	7:14	4:58	
18	Thu	12:52	0.3	1:04	0.4	7:22	0.0	7:40	0.0	7:14	4:59	
19	Fri	1:34	0.3	1:46	0.3	7:58	0.0	8:16	0.0	7:13	5:00	
20	Sat	2:16	0.3	2:28	0.3	8:40	0.0	8:52	0.0	7:13	5:01	
21	Sun	2:58	0.3	3:16	0.3	9:22	0.1	9:28	0.0	7:12	5:03	
22	Mon	3:40	0.3	3:58	0.3	10:22	0.1	10:22	0.0	7:11	5:04	
23	Tue	4:22	0.3	4:46	0.3	11:28	0.1	11:22	0.0	7:11	5:05	
24	Wed	5:10	0.3	5:46	0.3			12:34	0.1	7:10	5:06	
25	Thu	6:10	0.3	6:46	0.3	12:22	0.0	1:34	0.0	7:09	5:07	
26	Fri	7:10	0.3	7:52	0.3	1:22	0.0	2:22	0.0	7:09	5:08	
27	Sat	8:10	0.4	8:46	0.3	2:16	0.0	3:16	0.0	7:08	5:10	
28	Sun	8:58	0.4	9:34	0.3	3:04	0.0	4:04	0.0	7:07	5:11	
29	Mon	9:46	0.4	10:16	0.4	3:58	0.0	4:46	-0.1	7:06	5:12	
30	Tue	10:28	0.4	11:04	0.4	4:52	-0.1	5:34	-0.1	7:05	5:13	
31	Wed	11:16	0.4	11:46	0.4	5:40	-0.1	6:16	-0.1	7:04	5:14	