US HARBORS www.USHarbors.com

Island Beach, NJ - Jul 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:10	0.4	3:48	0.4	9:46	0.0	10:08	0.1	5:32	8:28	
2	Mon	3:58	0.4	4:34	0.4	10:28	0.0	11:03	0.1	5:32	8:28	
3	Tue	4:44	0.4	5:18	0.4	11:14	0.1			5:33	8:28	
4	Wed	5:30	0.3	6:02	0.4	12:03	0.1	12:04	0.1	5:33	8:28	
5	Thu	6:18	0.3	6:48	0.4	1:03	0.1	12:55	0.1	5:34	8:27	
6	Fri	7:12	0.3	7:39	0.4	1:59	0.1	1:47	0.1	5:34	8:27	
7	Sat	8:11	0.3	8:32	0.4	2:50	0.1	2:37	0.1	5:35	8:27	
8	Sun	9:07	0.3	9:22	0.4	3:39	0.1	3:25	0.1	5:36	8:27	
9	Mon	9:57	0.3	10:06	0.4	4:25	0.0	4:12	0.1	5:36	8:26	
10	Tue	10:41	0.4	10:48	0.4	5:11	0.0	4:59	0.0	5:37	8:26	
11	Wed	11:24	0.4	11:28	0.5	5:57	0.0	5:47	0.0	5:38	8:25	
12	Thu			12:06	0.4	6:40	0.0	6:35	0.0	5:38	8:25	
13	Fri	12:09	0.5	12:50	0.4	7:22	0.0	7:21	0.0	5:39	8:24	
14	Sat	12:53	0.5	1:36	0.4	8:02	0.0	8:07	0.0	5:40	8:24	
15	Sun	1:39	0.4	2:26	0.4	8:42	0.0	8:55	0.0	5:41	8:23	
16	Mon	2:31	0.4	3:19	0.4	9:24	0.0	9:48	0.0	5:41	8:23	
17	Tue	3:26	0.4	4:14	0.4	10:11	0.0	10:49	0.0	5:42	8:22	
18	Wed	4:24	0.4	5:08	0.4	11:07	0.0	11:59	0.1	5:43	8:21	
19	Thu	5:22	0.4	6:04	0.4			12:10	0.0	5:44	8:21	
20	Fri	6:22	0.4	7:04	0.4	1:09	0.1	1:15	0.0	5:45	8:20	
21	Sat	7:29	0.4	8:08	0.5	2:13	0.0	2:17	0.0	5:45	8:19	
22	Sun	8:37	0.4	9:10	0.5	3:12	0.0	3:16	0.0	5:46	8:19	
23	Mon	9:39	0.4	10:04	0.5	4:07	0.0	4:11	0.0	5:47	8:18	
24	Tue	10:33	0.4	10:53	0.5	4:59	0.0	5:04	0.0	5:48	8:17	
25	Wed	11:22	0.4	11:39	0.5	5:48	0.0	5:55	0.0	5:49	8:16	
26	Thu			12:08	0.4	6:34	0.0	6:43	0.0	5:50	8:15	
27	Fri	12:23	0.5	12:53	0.4	7:16	0.0	7:27	0.0	5:51	8:14	
28	Sat	1:06	0.4	1:37	0.4	7:54	0.0	8:09	0.0	5:52	8:13	
29	Sun	1:49	0.4	2:21	0.4	8:30	0.0	8:49	0.1	5:52	8:12	
30	Mon	2:33	0.4	3:05	0.4	9:05	0.0	9:31	0.1	5:53	8:11	
31	Tue	3:18	0.4	3:49	0.4	9:40	0.0	10:17	0.1	5:54	8:10	