US HARBORS www.USHarbors.com

Island Beach, NJ - Aug 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:04	0.3	4:32	0.4	10:19	0.1	11:12	0.1	5:55	8:09	
2	Thu	4:50	0.3	5:15	0.4	11:05	0.1			5:56	8:08	
3	Fri	5:38	0.3	6:01	0.4	12:15	0.1	12:02	0.1	5:57	8:07	
4	Sat	6:31	0.3	6:52	0.4	1:18	0.1	1:03	0.1	5:58	8:06	
5	Sun	7:30	0.3	7:50	0.4	2:15	0.1	2:01	0.1	5:59	8:05	
6	Mon	8:31	0.3	8:46	0.4	3:07	0.1	2:54	0.1	6:00	8:04	
7	Tue	9:26	0.3	9:37	0.4	3:55	0.1	3:45	0.1	6:01	8:02	
8	Wed	10:13	0.4	10:23	0.5	4:41	0.0	4:35	0.0	6:02	8:01	
9	Thu	10:57	0.4	11:06	0.5	5:26	0.0	5:25	0.0	6:03	8:00	
10	Fri	11:40	0.4	11:49	0.5	6:11	0.0	6:15	0.0	6:04	7:59	
11	Sat			12:25	0.4	6:54	0.0	7:04	0.0	6:05	7:57	
12	Sun	12:34	0.5	1:11	0.5	7:36	0.0	7:53	0.0	6:05	7:56	
13	Mon	1:22	0.5	2:02	0.5	8:17	0.0	8:42	0.0	6:06	7:55	
14	Tue	2:15	0.4	2:56	0.5	9:01	0.0	9:34	0.0	6:07	7:54	
15	Wed	3:11	0.4	3:52	0.5	9:49	0.0	10:34	0.0	6:08	7:52	
16	Thu	4:11	0.4	4:50	0.4	10:45	0.0	11:43	0.1	6:09	7:51	
17	Fri	5:11	0.4	5:48	0.4	11:52	0.0			6:10	7:49	
18	Sat	6:13	0.4	6:49	0.4	12:54	0.1	1:01	0.1	6:11	7:48	
19	Sun	7:18	0.4	7:53	0.4	1:59	0.1	2:06	0.1	6:12	7:47	
20	Mon	8:25	0.4	8:55	0.4	2:57	0.0	3:05	0.0	6:13	7:45	
21	Tue	9:25	0.4	9:48	0.4	3:50	0.0	3:58	0.0	6:14	7:44	
22	Wed	10:16	0.4	10:35	0.5	4:37	0.0	4:48	0.0	6:15	7:42	
23	Thu	11:01	0.4	11:17	0.5	5:22	0.0	5:35	0.0	6:16	7:41	
24	Fri	11:42	0.4	11:57	0.4	6:04	0.0	6:20	0.0	6:17	7:39	
25	Sat			12:21	0.4	6:43	0.0	7:02	0.0	6:18	7:38	
26	Sun	12:36	0.4	1:00	0.4	7:19	0.0	7:42	0.0	6:19	7:36	
27	Mon	1:15	0.4	1:38	0.4	7:53	0.0	8:19	0.1	6:20	7:35	
28	Tue	1:55	0.4	2:17	0.4	8:25	0.0	8:57	0.1	6:21	7:33	
29	Wed	2:38	0.4	2:57	0.4	8:57	0.1	9:37	0.1	6:21	7:32	
30	Thu	3:23	0.3	3:40	0.4	9:31	0.1	10:25	0.1	6:22	7:30	
31	Fri	4:12	0.3	4:26	0.4	10:11	0.1	11:26	0.1	6:23	7:29	