US HARBORS www.USHarbors.com

Island Beach, NJ - Mar 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:25	0.4	8:54	0.4	2:37	0.0	3:13	0.0	6:28	5:48	
2	Sat	9:16	0.4	9:41	0.4	3:30	0.0	4:00	-0.1	6:27	5:49	
3	Sun	10:01	0.4	10:24	0.4	4:19	0.0	4:44	-0.1	6:25	5:50	
4	Mon	10:43	0.4	11:04	0.4	5:05	0.0	5:26	-0.1	6:24	5:51	
5	Tue	11:23	0.4	11:43	0.4	5:48	0.0	6:04	0.0	6:22	5:52	
6	Wed			12:03	0.4	6:29	0.0	6:39	0.0	6:21	5:53	
7	Thu	12:21	0.4	12:43	0.4	7:07	0.0	7:13	0.0	6:19	5:54	
8	Fri	12:59	0.4	1:25	0.3	7:44	0.0	7:45	0.0	6:18	5:55	
9	Sat	1:39	0.4	2:10	0.3	8:22	0.0	8:18	0.0	6:16	5:56	
10	Sun	3:21	0.3	3:57	0.3	10:04	0.0	9:56	0.0	7:15	6:57	
11	Mon	4:06	0.3	4:47	0.3	10:58	0.1	10:47	0.1	7:13	6:59	
12	Tue	4:54	0.3	5:38	0.3			12:05	0.1	7:11	7:00	
13	Wed	5:46	0.3	6:34	0.3			1:12	0.1	7:10	7:01	
14	Thu	6:44	0.3	7:35	0.3	1:08	0.1	2:10	0.1	7:08	7:02	
15	Fri	7:48	0.3	8:34	0.3	2:11	0.1	3:00	0.0	7:07	7:03	
16	Sat	8:48	0.4	9:25	0.3	3:06	0.0	3:47	0.0	7:05	7:04	
17	Sun	9:39	0.4	10:10	0.4	3:56	0.0	4:31	0.0	7:03	7:05	
18	Mon	10:25	0.4	10:53	0.4	4:46	0.0	5:15	0.0	7:02	7:06	
19	Tue	11:09	0.4	11:36	0.4	5:36	-0.1	6:00	-0.1	7:00	7:07	
20	Wed	11:54	0.4			6:25	-0.1	6:44	-0.1	6:59	7:08	
21	Thu	12:20	0.5	12:41	0.4	7:14	-0.1	7:28	-0.1	6:57	7:09	
22	Fri	1:07	0.5	1:31	0.4	8:02	-0.1	8:13	-0.1	6:55	7:10	
23	Sat	1:59	0.5	2:26	0.4	8:51	-0.1	9:00	0.0	6:54	7:11	
24	Sun	2:55	0.4	3:27	0.4	9:45	0.0	9:54	0.0	6:52	7:12	
25	Mon	3:56	0.4	4:29	0.3	10:47	0.0	10:59	0.0	6:51	7:13	
26	Tue	4:57	0.4	5:31	0.3	11:56	0.0			6:49	7:14	
27	Wed	5:58	0.4	6:33	0.3	12:13	0.0	1:04	0.0	6:47	7:15	
28	Thu	7:01	0.4	7:38	0.3	1:24	0.0	2:06	0.0	6:46	7:16	
29	Fri	8:05	0.4	8:39	0.4	2:27	0.0	2:59	0.0	6:44	7:17	
30	Sat	9:03	0.4	9:32	0.4	3:22	0.0	3:47	0.0	6:42	7:18	
31	Sun	9:53	0.4	10:17	0.4	4:12	0.0	4:31	0.0	6:41	7:19	