US HARBORS www.USHarbors.com

Island Beach, NJ - Jul 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon			12:02	0.4	6:33	0.0	6:24	0.1	5:31	8:28	
2	Tue	12:02	0.4	12:42	0.4	7:13	0.0	7:06	0.1	5:32	8:28	
3	Wed	12:37	0.4	1:21	0.4	7:49	0.0	7:45	0.1	5:32	8:28	
4	Thu	1:13	0.4	2:02	0.4	8:24	0.0	8:24	0.1	5:33	8:28	
5	Fri	1:53	0.4	2:46	0.4	8:59	0.0	9:06	0.1	5:34	8:28	
6	Sat	2:39	0.4	3:33	0.4	9:35	0.0	9:55	0.1	5:34	8:27	
7	Sun	3:31	0.4	4:23	0.4	10:19	0.0	10:56	0.1	5:35	8:27	
8	Mon	4:27	0.4	5:15	0.4	11:13	0.0			5:35	8:27	
9	Tue	5:25	0.4	6:11	0.4	12:08	0.1	12:17	0.0	5:36	8:26	
10	Wed	6:27	0.4	7:12	0.4	1:18	0.1	1:23	0.0	5:37	8:26	
11	Thu	7:36	0.4	8:18	0.5	2:23	0.0	2:26	0.0	5:37	8:25	
12	Fri	8:47	0.4	9:20	0.5	3:23	0.0	3:26	0.0	5:38	8:25	
13	Sat	9:50	0.4	10:17	0.5	4:20	0.0	4:24	0.0	5:39	8:25	
14	Sun	10:46	0.4	11:09	0.5	5:15	0.0	5:21	0.0	5:40	8:24	
15	Mon	11:40	0.4			6:08	0.0	6:17	0.0	5:40	8:23	
16	Tue	12:00	0.5	12:32	0.4	6:58	-0.1	7:10	0.0	5:41	8:23	
17	Wed	12:50	0.5	1:24	0.4	7:44	0.0	7:59	0.0	5:42	8:22	
18	Thu	1:40	0.5	2:15	0.4	8:28	0.0	8:46	0.0	5:43	8:22	
19	Fri	2:30	0.4	3:06	0.4	9:10	0.0	9:34	0.0	5:44	8:21	
20	Sat	3:21	0.4	3:56	0.4	9:53	0.0	10:26	0.1	5:44	8:20	
21	Sun	4:10	0.4	4:43	0.4	10:38	0.0	11:24	0.1	5:45	8:19	
22	Mon	4:59	0.4	5:29	0.4	11:27	0.1			5:46	8:19	
23	Tue	5:47	0.3	6:16	0.4	12:25	0.1	12:20	0.1	5:47	8:18	
24	Wed	6:39	0.3	7:06	0.4	1:24	0.1	1:14	0.1	5:48	8:17	
25	Thu	7:35	0.3	8:00	0.4	2:18	0.1	2:07	0.1	5:49	8:16	
26	Fri	8:34	0.3	8:54	0.4	3:08	0.1	2:56	0.1	5:50	8:15	
27	Sat	9:27	0.3	9:41	0.4	3:54	0.1	3:44	0.1	5:50	8:14	
28	Sun	10:13	0.4	10:23	0.4	4:38	0.0	4:30	0.1	5:51	8:13	
29	Mon	10:55	0.4	11:01	0.4	5:22	0.0	5:16	0.0	5:52	8:13	
30	Tue	11:35	0.4	11:38	0.4	6:04	0.0	6:01	0.0	5:53	8:12	
31	Wed			12:13	0.4	6:44	0.0	6:44	0.0	5:54	8:11	