US HARBORS www.USHarbors.com

Island Beach, NJ - Jan 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:46	0.4	5:04	0.3	11:40	0.0	11:49	0.0	7:17	4:42	
2	Thu	5:37	0.4	5:58	0.3			12:41	0.0	7:17	4:42	
3	Fri	6:30	0.4	6:55	0.3	12:42	0.0	1:35	0.0	7:17	4:43	
4	Sat	7:25	0.4	7:51	0.3	1:31	0.0	2:24	0.0	7:17	4:44	
5	Sun	8:15	0.4	8:41	0.3	2:18	0.0	3:09	0.0	7:17	4:45	
6	Mon	9:00	0.4	9:26	0.3	3:02	0.0	3:53	0.0	7:17	4:46	
7	Tue	9:40	0.4	10:08	0.3	3:46	0.0	4:36	0.0	7:17	4:47	
8	Wed	10:18	0.4	10:47	0.3	4:29	0.0	5:17	0.0	7:17	4:48	
9	Thu	10:53	0.4	11:25	0.3	5:12	0.0	5:56	0.0	7:17	4:49	
10	Fri	11:27	0.4			5:52	0.0	6:32	0.0	7:17	4:50	
11	Sat	12:03	0.3	12:00	0.4	6:30	0.0	7:06	0.0	7:17	4:51	
12	Sun	12:40	0.3	12:34	0.4	7:07	0.0	7:38	0.0	7:16	4:52	
13	Mon	1:18	0.3	1:14	0.4	7:44	0.0	8:11	0.0	7:16	4:53	
14	Tue	2:01	0.3	2:00	0.3	8:26	0.0	8:48	0.0	7:16	4:54	
15	Wed	2:49	0.3	2:54	0.3	9:18	0.0	9:35	0.0	7:15	4:55	
16	Thu	3:42	0.4	3:52	0.3	10:26	0.0	10:38	0.0	7:15	4:56	
17	Fri	4:37	0.4	4:54	0.3	11:42	0.0	11:50	0.0	7:14	4:57	
18	Sat	5:39	0.4	6:03	0.3			12:52	0.0	7:14	4:59	
19	Sun	6:46	0.4	7:15	0.3	12:59	0.0	1:55	0.0	7:13	5:00	
20	Mon	7:52	0.4	8:22	0.3	2:01	0.0	2:52	0.0	7:13	5:01	
21	Tue	8:52	0.4	9:20	0.4	3:00	-0.1	3:47	-0.1	7:12	5:02	
22	Wed	9:45	0.5	10:13	0.4	3:57	-0.1	4:41	-0.1	7:12	5:03	
23	Thu	10:36	0.5	11:04	0.4	4:52	-0.1	5:31	-0.1	7:11	5:04	
24	Fri	11:26	0.5	11:55	0.4	5:46	-0.1	6:19	-0.1	7:10	5:05	
25	Sat			12:16	0.4	6:36	-0.1	7:04	-0.1	7:10	5:07	
26	Sun	12:46	0.4	1:06	0.4	7:23	-0.1	7:48	-0.1	7:09	5:08	
27	Mon	1:37	0.4	1:57	0.4	8:11	0.0	8:31	-0.1	7:08	5:09	
28	Tue	2:28	0.4	2:48	0.4	9:01	0.0	9:16	0.0	7:07	5:10	
29	Wed	3:19	0.4	3:39	0.3	9:57	0.0	10:07	0.0	7:06	5:11	
30	Thu	4:07	0.3	4:29	0.3	10:59	0.0	11:02	0.0	7:06	5:13	
31	Fri	4:56	0.3	5:21	0.3			12:02	0.0	7:05	5:14	