US HARBORS www.USHarbors.com

Island Beach, NJ - Jan 2040

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:36	0.4			5:58	0.0	6:47	0.0	7:17	4:41	
2	Mon	12:16	0.3	12:10	0.4	6:36	0.0	7:22	0.0	7:17	4:42	
3	Tue	12:57	0.3	12:46	0.4	7:12	0.0	7:57	0.0	7:17	4:43	
4	Wed	1:39	0.3	1:27	0.4	7:49	0.0	8:32	0.0	7:17	4:44	
5	Thu	2:24	0.3	2:14	0.3	8:30	0.0	9:11	0.0	7:17	4:45	
6	Fri	3:11	0.3	3:07	0.3	9:24	0.1	10:00	0.0	7:17	4:46	
7	Sat	4:00	0.3	4:03	0.3	10:34	0.1	11:00	0.0	7:17	4:47	
8	Sun	4:52	0.4	5:02	0.3	11:50	0.0			7:17	4:48	
9	Mon	5:50	0.4	6:08	0.3	12:03	0.0	12:59	0.0	7:17	4:49	
10	Tue	6:53	0.4	7:19	0.3	1:05	0.0	2:01	0.0	7:17	4:50	
11	Wed	7:57	0.4	8:24	0.3	2:03	0.0	2:58	0.0	7:17	4:51	
12	Thu	8:55	0.5	9:23	0.4	3:00	0.0	3:55	-0.1	7:16	4:52	
13	Fri	9:49	0.5	10:17	0.4	3:57	-0.1	4:50	-0.1	7:16	4:53	
14	Sat	10:41	0.5	11:11	0.4	4:54	-0.1	5:42	-0.1	7:16	4:54	
15	Sun	11:33	0.5			5:49	-0.1	6:32	-0.1	7:15	4:55	
16	Mon	12:05	0.4	12:26	0.4	6:41	-0.1	7:19	-0.1	7:15	4:56	
17	Tue	12:59	0.4	1:19	0.4	7:31	-0.1	8:05	-0.1	7:14	4:57	
18	Wed	1:54	0.4	2:12	0.4	8:21	0.0	8:52	-0.1	7:14	4:58	
19	Thu	2:48	0.4	3:04	0.4	9:15	0.0	9:42	0.0	7:13	4:59	
20	Fri	3:40	0.4	3:55	0.3	10:15	0.0	10:34	0.0	7:13	5:01	
21	Sat	4:29	0.3	4:45	0.3	11:19	0.0	11:28	0.0	7:12	5:02	
22	Sun	5:18	0.3	5:38	0.3			12:21	0.0	7:12	5:03	
23	Mon	6:09	0.3	6:35	0.3	12:21	0.0	1:18	0.0	7:11	5:04	
24	Tue	7:04	0.3	7:33	0.3	1:12	0.0	2:09	0.0	7:10	5:05	
25	Wed	7:58	0.3	8:27	0.3	1:59	0.0	2:56	0.0	7:10	5:06	
26	Thu	8:45	0.4	9:14	0.3	2:45	0.0	3:41	0.0	7:09	5:08	
27	Fri	9:27	0.4	9:57	0.3	3:30	0.0	4:24	0.0	7:08	5:09	
28	Sat	10:06	0.4	10:36	0.3	4:15	0.0	5:06	0.0	7:07	5:10	
29	Sun	10:42	0.4	11:14	0.3	4:58	0.0	5:46	0.0	7:07	5:11	
30	Mon	11:17	0.4	11:51	0.3	5:40	0.0	6:23	0.0	7:06	5:12	
31	Tue	11:51	0.4			6:19	0.0	6:57	0.0	7:05	5:14	