


































Island Beach, NJ - Jan 2045

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | 8:27 | 0.4 | 9:03 | 0.3 | 2:33 | 0.0 | 3:36 | 0.0 | 7:17 | 4:42 |  |
| 2 | Mon | 9:22 | 0.5 | 9:56 | 0.4 | 3:29 | 0.0 | 4:31 | -0.1 | 7:17 | 4:43 |  |
| 3 | Tue | 10:15 | 0.5 | 10:49 | 0.4 | 4:25 | -0.1 | 5:24 | -0.1 | 7:17 | 4:44 |  |
| 4 | Wed | 11:06 | 0.5 | 11:42 | 0.4 | 5:21 | -0.1 | 6:14 | -0.1 | 7:17 | 4:45 |  |
| 5 | Thu | 11:59 | 0.5 | | | 6:15 | -0.1 | 7:02 | -0.1 | 7:17 | 4:46 |  |
| 6 | Fri | 12:37 | 0.4 | 12:52 | 0.4 | 7:07 | -0.1 | 7:49 | -0.1 | 7:17 | 4:47 |  |
| 7 | Sat | 1:33 | 0.4 | 1:47 | 0.4 | 7:59 | 0.0 | 8:36 | -0.1 | 7:17 | 4:48 |  |
| 8 | Sun | 2:29 | 0.4 | 2:42 | 0.4 | 8:53 | 0.0 | 9:27 | 0.0 | 7:17 | 4:49 |  |
| 9 | Mon | 3:24 | 0.4 | 3:36 | 0.4 | 9:53 | 0.0 | 10:21 | 0.0 | 7:17 | 4:50 |  |
| 10 | Tue | 4:16 | 0.4 | 4:29 | 0.3 | 10:59 | 0.0 | 11:18 | 0.0 | 7:17 | 4:51 |  |
| 11 | Wed | 5:08 | 0.4 | 5:23 | 0.3 | | | 12:05 | 0.0 | 7:16 | 4:52 |  |
| 12 | Thu | 6:01 | 0.4 | 6:22 | 0.3 | 12:15 | 0.0 | 1:05 | 0.0 | 7:16 | 4:53 |  |
| 13 | Fri | 6:58 | 0.4 | 7:23 | 0.3 | 1:09 | 0.0 | 1:59 | 0.0 | 7:16 | 4:54 |  |
| 14 | Sat | 7:54 | 0.4 | 8:20 | 0.3 | 1:59 | 0.0 | 2:48 | 0.0 | 7:15 | 4:55 |  |
| 15 | Sun | 8:43 | 0.4 | 9:09 | 0.3 | 2:46 | 0.0 | 3:34 | 0.0 | 7:15 | 4:56 |  |
| 16 | Mon | 9:27 | 0.4 | 9:52 | 0.3 | 3:31 | 0.0 | 4:18 | 0.0 | 7:15 | 4:57 |  |
| 17 | Tue | 10:08 | 0.4 | 10:32 | 0.3 | 4:16 | 0.0 | 5:00 | 0.0 | 7:14 | 4:58 |  |
| 18 | Wed | 10:46 | 0.4 | 11:11 | 0.3 | 4:59 | 0.0 | 5:40 | 0.0 | 7:14 | 4:59 |  |
| 19 | Thu | 11:22 | 0.4 | 11:48 | 0.3 | 5:41 | 0.0 | 6:17 | 0.0 | 7:13 | 5:00 |  |
| 20 | Fri | 11:56 | 0.4 | | | 6:19 | 0.0 | 6:50 | 0.0 | 7:12 | 5:02 |  |
| 21 | Sat | 12:24 | 0.3 | 12:30 | 0.4 | 6:55 | 0.0 | 7:22 | 0.0 | 7:12 | 5:03 |  |
| 22 | Sun | 12:58 | 0.3 | 1:05 | 0.3 | 7:29 | 0.0 | 7:51 | 0.0 | 7:11 | 5:04 |  |
| 23 | Mon | 1:34 | 0.3 | 1:43 | 0.3 | 8:04 | 0.0 | 8:22 | 0.0 | 7:11 | 5:05 |  |
| 24 | Tue | 2:14 | 0.3 | 2:28 | 0.3 | 8:45 | 0.0 | 8:57 | 0.0 | 7:10 | 5:06 |  |
| 25 | Wed | 2:59 | 0.3 | 3:19 | 0.3 | 9:40 | 0.0 | 9:43 | 0.0 | 7:09 | 5:07 |  |
| 26 | Thu | 3:49 | 0.3 | 4:16 | 0.3 | 10:55 | 0.1 | 10:47 | 0.0 | 7:08 | 5:09 |  |
| 27 | Fri | 4:45 | 0.4 | 5:19 | 0.3 | | | 12:13 | 0.0 | 7:08 | 5:10 |  |
| 28 | Sat | 5:50 | 0.4 | 6:32 | 0.3 | 12:02 | 0.0 | 1:22 | 0.0 | 7:07 | 5:11 |  |
| 29 | Sun | 7:02 | 0.4 | 7:45 | 0.3 | 1:12 | 0.0 | 2:22 | 0.0 | 7:06 | 5:12 |  |
| 30 | Mon | 8:10 | 0.4 | 8:47 | 0.3 | 2:16 | 0.0 | 3:18 | 0.0 | 7:05 | 5:13 |  |
| 31 | Tue | 9:09 | 0.4 | 9:42 | 0.4 | 3:15 | -0.1 | 4:12 | -0.1 | 7:04 | 5:14 |  |