

Island Beach, NJ - Jan 2076

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:45	0.4	5:56	0.3	12:02	0.0	12:48	0.0	7:17	4:42	
2	Thu	6:43	0.4	7:03	0.3	12:58	0.0	1:48	0.0	7:17	4:42	
3	Fri	7:43	0.4	8:07	0.3	1:52	0.0	2:43	0.0	7:17	4:43	
4	Sat	8:39	0.4	9:05	0.4	2:45	0.0	3:38	0.0	7:17	4:44	
5	Sun	9:31	0.5	9:58	0.4	3:39	-0.1	4:32	-0.1	7:17	4:45	
6	Mon	10:23	0.5	10:51	0.4	4:35	-0.1	5:26	-0.1	7:17	4:46	
7	Tue	11:14	0.5	11:45	0.4	5:30	-0.1	6:17	-0.1	7:17	4:47	
8	Wed			12:08	0.5	6:23	-0.1	7:06	-0.1	7:17	4:48	
9	Thu	12:41	0.4	1:03	0.4	7:15	-0.1	7:55	-0.1	7:17	4:49	
10	Fri	1:39	0.4	1:59	0.4	8:08	0.0	8:45	-0.1	7:17	4:50	
11	Sat	2:37	0.4	2:55	0.4	9:05	0.0	9:38	0.0	7:16	4:51	
12	Sun	3:33	0.4	3:50	0.4	10:07	0.0	10:34	0.0	7:16	4:52	
13	Mon	4:26	0.4	4:43	0.3	11:14	0.0	11:31	0.0	7:16	4:53	
14	Tue	5:19	0.4	5:37	0.3			12:19	0.0	7:15	4:54	
15	Wed	6:13	0.4	6:35	0.3	12:26	0.0	1:17	0.0	7:15	4:55	
16	Thu	7:08	0.4	7:34	0.3	1:17	0.0	2:10	0.0	7:15	4:56	
17	Fri	8:01	0.4	8:27	0.3	2:05	0.0	2:57	0.0	7:14	4:57	
18	Sat	8:48	0.4	9:14	0.3	2:50	0.0	3:42	0.0	7:14	4:59	
19	Sun	9:30	0.4	9:57	0.3	3:34	0.0	4:26	0.0	7:13	5:00	
20	Mon	10:09	0.4	10:38	0.3	4:17	0.0	5:08	0.0	7:13	5:01	
21	Tue	10:46	0.4	11:17	0.3	5:00	0.0	5:48	0.0	7:12	5:02	
22	Wed	11:22	0.4	11:56	0.3	5:41	0.0	6:25	0.0	7:11	5:03	
23	Thu	11:56	0.4			6:20	0.0	7:00	0.0	7:11	5:04	
24	Fri	12:34	0.3	12:30	0.4	6:57	0.0	7:32	0.0	7:10	5:05	
25	Sat	1:12	0.3	1:05	0.3	7:32	0.0	8:04	0.0	7:09	5:07	
26	Sun	1:52	0.3	1:44	0.3	8:08	0.0	8:36	0.0	7:09	5:08	
27	Mon	2:34	0.3	2:31	0.3	8:51	0.0	9:14	0.0	7:08	5:09	
28	Tue	3:20	0.3	3:23	0.3	9:48	0.0	10:05	0.0	7:07	5:10	
29	Wed	4:09	0.3	4:20	0.3	11:02	0.0	11:11	0.0	7:06	5:11	
30	Thu	5:04	0.4	5:23	0.3			12:17	0.0	7:05	5:13	
31	Fri	6:07	0.4	6:35	0.3	12:21	0.0	1:23	0.0	7:05	5:14	