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# Lanoka Harbor, NJ - Jan 1701

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | 4:07 | 0.4 | 4:20 | 0.4 | 10:37 | 0.0 | 11:15 | 0.0 | 7:22 | 4:47 | |
| 2 | Sun | 5:03 | 0.4 | 5:17 | 0.4 | 11:47 | 0.0 | | | 7:23 | 4:47 | |
| 3 | Mon | 6:00 | 0.4 | 6:17 | 0.3 | 12:16 | 0.0 | 12:53 | 0.0 | 7:23 | 4:48 | |
| 4 | Tue | 6:59 | 0.4 | 7:20 | 0.3 | 1:13 | 0.0 | 1:53 | 0.0 | 7:23 | 4:49 | |
| 5 | Wed | 7:58 | 0.4 | 8:20 | 0.3 | 2:07 | 0.0 | 2:48 | 0.0 | 7:23 | 4:50 | |
| 6 | Thu | 8:51 | 0.4 | 9:13 | 0.3 | 2:57 | 0.0 | 3:38 | 0.0 | 7:23 | 4:51 | |
| 7 | Fri | 9:38 | 0.4 | 10:01 | 0.3 | 3:44 | 0.0 | 4:26 | 0.0 | 7:22 | 4:52 | |
| 8 | Sat | 10:21 | 0.4 | 10:45 | 0.3 | 4:30 | 0.0 | 5:12 | 0.0 | 7:22 | 4:53 | |
| 9 | Sun | 11:03 | 0.4 | 11:27 | 0.3 | 5:15 | 0.0 | 5:55 | 0.0 | 7:22 | 4:54 | |
| 10 | Mon | 11:43 | 0.4 | | | 5:58 | 0.0 | 6:35 | 0.0 | 7:22 | 4:55 | |
| 11 | Tue | 12:09 | 0.3 | 12:23 | 0.4 | 6:39 | 0.0 | 7:12 | 0.0 | 7:22 | 4:56 | |
| 12 | Wed | 12:51 | 0.3 | 1:03 | 0.4 | 7:17 | 0.0 | 7:48 | 0.0 | 7:21 | 4:57 | |
| 13 | Thu | 1:34 | 0.3 | 1:44 | 0.4 | 7:54 | 0.0 | 8:23 | 0.0 | 7:21 | 4:58 | |
| 14 | Fri | 2:18 | 0.3 | 2:27 | 0.3 | 8:32 | 0.0 | 8:59 | 0.0 | 7:21 | 4:59 | |
| 15 | Sat | 3:01 | 0.3 | 3:11 | 0.3 | 9:14 | 0.1 | 9:39 | 0.0 | 7:20 | 5:00 | |
| 16 | Sun | 3:45 | 0.3 | 3:56 | 0.3 | 10:06 | 0.1 | 10:27 | 0.0 | 7:20 | 5:01 | |
| 17 | Mon | 4:28 | 0.3 | 4:43 | 0.3 | 11:12 | 0.1 | 11:23 | 0.0 | 7:20 | 5:02 | |
| 18 | Tue | 5:13 | 0.3 | 5:35 | 0.3 | | | 12:20 | 0.1 | 7:19 | 5:04 | |
| 19 | Wed | 6:05 | 0.3 | 6:36 | 0.3 | 12:22 | 0.0 | 1:22 | 0.0 | 7:19 | 5:05 | |
| 20 | Thu | 7:04 | 0.4 | 7:40 | 0.3 | 1:20 | 0.0 | 2:18 | 0.0 | 7:18 | 5:06 | |
| 21 | Fri | 8:04 | 0.4 | 8:39 | 0.3 | 2:14 | 0.0 | 3:10 | 0.0 | 7:17 | 5:07 | |
| 22 | Sat | 8:58 | 0.4 | 9:32 | 0.3 | 3:06 | 0.0 | 4:01 | 0.0 | 7:17 | 5:08 | |
| 23 | Sun | 9:49 | 0.4 | 10:22 | 0.4 | 3:59 | -0.1 | 4:52 | -0.1 | 7:16 | 5:09 | |
| 24 | Mon | 10:38 | 0.5 | 11:11 | 0.4 | 4:52 | -0.1 | 5:42 | -0.1 | 7:15 | 5:10 | |
| 25 | Tue | 11:27 | 0.5 | | | 5:45 | -0.1 | 6:31 | -0.1 | 7:15 | 5:12 | |
| 26 | Wed | 12:02 | 0.4 | 12:18 | 0.5 | 6:37 | -0.1 | 7:17 | -0.1 | 7:14 | 5:13 | |
| 27 | Thu | 12:55 | 0.4 | 1:11 | 0.4 | 7:27 | -0.1 | 8:04 | -0.1 | 7:13 | 5:14 | |
| 28 | Fri | 1:50 | 0.4 | 2:06 | 0.4 | 8:19 | -0.1 | 8:53 | -0.1 | 7:12 | 5:15 | |
| 29 | Sat | 2:47 | 0.4 | 3:03 | 0.4 | 9:14 | 0.0 | 9:46 | -0.1 | 7:12 | 5:16 | |
| 30 | Sun | 3:44 | 0.4 | 4:00 | 0.4 | 10:16 | 0.0 | 10:45 | 0.0 | 7:11 | 5:18 | |
| 31 | Mon | 4:39 | 0.4 | 4:57 | 0.3 | 11:24 | 0.0 | 11:47 | 0.0 | 7:10 | 5:19 | |