US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Aug 1704

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:29	0.4	11:31	0.4	5:56	0.0	5:50	0.1	4:58	7:13	
2	Sat			12:08	0.4	6:34	0.0	6:30	0.1	4:59	7:12	
3	Sun	12:06	0.4	12:47	0.4	7:09	0.0	7:08	0.1	5:00	7:11	
4	Mon	12:40	0.4	1:25	0.4	7:41	0.0	7:44	0.1	5:01	7:10	
5	Tue	1:15	0.4	2:04	0.4	8:12	0.0	8:21	0.1	5:02	7:09	
6	Wed	1:55	0.4	2:46	0.4	8:44	0.0	9:04	0.1	5:03	7:08	
7	Thu	2:41	0.4	3:30	0.4	9:20	0.1	9:59	0.1	5:04	7:07	
8	Fri	3:33	0.4	4:19	0.4	10:07	0.1	11:10	0.1	5:05	7:06	
9	Sat	4:29	0.3	5:12	0.4	11:10	0.1			5:06	7:04	
10	Sun	5:31	0.3	6:12	0.4	12:22	0.1	12:20	0.1	5:07	7:03	
11	Mon	6:40	0.3	7:20	0.5	1:29	0.1	1:27	0.0	5:08	7:02	
12	Tue	7:52	0.4	8:25	0.5	2:29	0.0	2:30	0.0	5:09	7:01	
13	Wed	8:56	0.4	9:23	0.5	3:25	0.0	3:29	0.0	5:10	6:59	
14	Thu	9:53	0.4	10:17	0.5	4:20	0.0	4:27	0.0	5:10	6:58	
15	Fri	10:47	0.4	11:08	0.5	5:13	0.0	5:24	0.0	5:11	6:57	
16	Sat	11:39	0.5			6:04	-0.1	6:18	0.0	5:12	6:55	
17	Sun	12:00	0.5	12:32	0.5	6:52	-0.1	7:09	0.0	5:13	6:54	
18	Mon	12:51	0.5	1:25	0.5	7:37	0.0	8:00	0.0	5:14	6:53	
19	Tue	1:44	0.5	2:18	0.4	8:22	0.0	8:51	0.0	5:15	6:51	
20	Wed	2:38	0.4	3:11	0.4	9:08	0.0	9:46	0.1	5:16	6:50	
21	Thu	3:31	0.4	4:02	0.4	9:57	0.0	10:48	0.1	5:17	6:48	
22	Fri	4:24	0.4	4:52	0.4	10:51	0.1	11:52	0.1	5:18	6:47	
23	Sat	5:16	0.3	5:42	0.4	11:49	0.1			5:19	6:45	
24	Sun	6:11	0.3	6:37	0.4	12:54	0.1	12:46	0.1	5:20	6:44	
25	Mon	7:10	0.3	7:33	0.4	1:48	0.1	1:39	0.1	5:21	6:42	
26	Tue	8:08	0.3	8:26	0.4	2:37	0.1	2:28	0.1	5:22	6:41	
27	Wed	8:58	0.4	9:12	0.4	3:21	0.1	3:15	0.1	5:23	6:39	
28	Thu	9:43	0.4	9:53	0.4	4:04	0.0	3:59	0.1	5:24	6:38	
29	Fri	10:23	0.4	10:30	0.4	4:45	0.0	4:43	0.1	5:25	6:36	
30	Sat	11:01	0.4	11:05	0.4	5:24	0.0	5:26	0.0	5:26	6:35	
31	Sun	11:37	0.4	11:39	0.4	6:01	0.0	6:07	0.0	5:27	6:33	