US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Aug 1723

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:11	0.4	11:20	0.4	5:39	0.0	5:34	0.0	4:58	7:14	
2	Mon	11:53	0.4			6:20	0.0	6:17	0.0	4:59	7:13	
3	Tue	12:00	0.4	12:36	0.4	6:57	0.0	6:57	0.1	5:00	7:12	
4	Wed	12:38	0.4	1:18	0.4	7:32	0.0	7:35	0.1	5:00	7:11	
5	Thu	1:17	0.4	2:01	0.4	8:05	0.0	8:13	0.1	5:01	7:10	
6	Fri	1:57	0.4	2:43	0.4	8:38	0.1	8:53	0.1	5:02	7:09	
7	Sat	2:39	0.4	3:25	0.4	9:11	0.1	9:40	0.1	5:03	7:07	
8	Sun	3:22	0.3	4:06	0.4	9:49	0.1	10:38	0.1	5:04	7:06	
9	Mon	4:08	0.3	4:49	0.4	10:38	0.1	11:45	0.1	5:05	7:05	
10	Tue	4:58	0.3	5:36	0.4	11:39	0.1			5:06	7:04	
11	Wed	5:55	0.3	6:32	0.4	12:50	0.1	12:42	0.1	5:07	7:03	
12	Thu	7:01	0.3	7:34	0.4	1:48	0.1	1:42	0.1	5:08	7:01	
13	Fri	8:07	0.3	8:33	0.4	2:43	0.0	2:38	0.1	5:09	7:00	
14	Sat	9:05	0.4	9:26	0.5	3:34	0.0	3:33	0.0	5:10	6:59	
15	Sun	9:56	0.4	10:16	0.5	4:25	0.0	4:28	0.0	5:11	6:57	
16	Mon	10:46	0.4	11:06	0.5	5:15	0.0	5:22	0.0	5:12	6:56	
17	Tue	11:36	0.4	11:56	0.5	6:04	0.0	6:16	0.0	5:13	6:55	
18	Wed			12:27	0.5	6:50	-0.1	7:07	0.0	5:14	6:53	
19	Thu	12:47	0.5	1:21	0.5	7:36	-0.1	7:59	0.0	5:15	6:52	
20	Fri	1:41	0.5	2:16	0.5	8:21	0.0	8:53	0.0	5:16	6:51	
21	Sat	2:38	0.4	3:13	0.5	9:10	0.0	9:53	0.0	5:17	6:49	
22	Sun	3:35	0.4	4:08	0.4	10:04	0.0	10:59	0.1	5:18	6:48	
23	Mon	4:32	0.4	5:03	0.4	11:05	0.0			5:19	6:46	
24	Tue	5:29	0.4	5:59	0.4	12:08	0.1	12:08	0.1	5:20	6:45	
25	Wed	6:30	0.4	7:00	0.4	1:12	0.1	1:09	0.1	5:20	6:43	
26	Thu	7:34	0.3	8:00	0.4	2:09	0.1	2:04	0.1	5:21	6:42	
27	Fri	8:32	0.4	8:52	0.4	3:00	0.0	2:55	0.1	5:22	6:40	
28	Sat	9:22	0.4	9:38	0.4	3:46	0.0	3:42	0.1	5:23	6:39	
29	Sun	10:06	0.4	10:18	0.4	4:29	0.0	4:27	0.1	5:24	6:37	
30	Mon	10:46	0.4	10:56	0.4	5:10	0.0	5:11	0.0	5:25	6:36	
31	Tue	11:25	0.4	11:32	0.4	5:48	0.0	5:53	0.0	5:26	6:34	