US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Jul 1730

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:36	0.4	11:56	0.5	6:05	-0.1	6:11	0.0	4:34	7:32	
2	Sun			12:32	0.4	6:55	-0.1	7:05	0.0	4:35	7:32	
3	Mon	12:50	0.5	1:29	0.4	7:43	-0.1	7:57	0.0	4:35	7:32	
4	Tue	1:45	0.5	2:26	0.4	8:31	0.0	8:51	0.0	4:36	7:32	
5	Wed	2:41	0.4	3:21	0.4	9:19	0.0	9:49	0.0	4:37	7:31	
6	Thu	3:34	0.4	4:12	0.4	10:10	0.0	10:51	0.1	4:37	7:31	
7	Fri	4:26	0.4	5:02	0.4	11:04	0.0	11:55	0.1	4:38	7:31	
8	Sat	5:17	0.4	5:51	0.4	11:57	0.0			4:38	7:31	
9	Sun	6:10	0.3	6:42	0.4	12:56	0.1	12:50	0.1	4:39	7:30	
10	Mon	7:08	0.3	7:36	0.4	1:50	0.1	1:39	0.1	4:40	7:30	
11	Tue	8:05	0.3	8:28	0.4	2:40	0.1	2:26	0.1	4:40	7:29	
12	Wed	8:58	0.3	9:14	0.4	3:26	0.1	3:12	0.1	4:41	7:29	
13	Thu	9:44	0.3	9:56	0.4	4:10	0.0	3:57	0.1	4:42	7:29	
14	Fri	10:27	0.4	10:34	0.4	4:54	0.0	4:42	0.1	4:43	7:28	
15	Sat	11:08	0.4	11:11	0.4	5:36	0.0	5:26	0.1	4:43	7:28	
16	Sun	11:48	0.4	11:46	0.4	6:15	0.0	6:08	0.1	4:44	7:27	
17	Mon			12:26	0.4	6:51	0.0	6:47	0.1	4:45	7:26	
18	Tue	12:19	0.4	1:04	0.4	7:24	0.0	7:25	0.1	4:46	7:26	
19	Wed	12:54	0.4	1:43	0.4	7:55	0.0	8:02	0.1	4:47	7:25	
20	Thu	1:31	0.4	2:24	0.4	8:26	0.0	8:43	0.1	4:47	7:24	
21	Fri	2:16	0.4	3:08	0.4	8:59	0.0	9:32	0.1	4:48	7:24	
22	Sat	3:06	0.4	3:56	0.4	9:41	0.0	10:37	0.1	4:49	7:23	
23	Sun	4:02	0.4	4:47	0.4	10:37	0.1	11:51	0.1	4:50	7:22	
24	Mon	5:01	0.3	5:45	0.4	11:46	0.1			4:51	7:21	
25	Tue	6:08	0.3	6:51	0.4	1:02	0.1	12:57	0.0	4:52	7:20	
26	Wed	7:21	0.3	7:59	0.5	2:05	0.0	2:02	0.0	4:53	7:20	
27	Thu	8:31	0.4	9:00	0.5	3:03	0.0	3:04	0.0	4:53	7:19	
28	Fri	9:31	0.4	9:56	0.5	3:59	0.0	4:03	0.0	4:54	7:18	
29	Sat	10:26	0.4	10:48	0.5	4:53	0.0	5:01	0.0	4:55	7:17	
30	Sun	11:19	0.4	11:39	0.5	5:44	-0.1	5:56	0.0	4:56	7:16	
31	Mon			12:11	0.4	6:32	-0.1	6:48	0.0	4:57	7:15	