US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Aug 1730

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:29	0.5	1:03	0.4	7:18	-0.1	7:38	0.0	4:58	7:14	
2	Wed	1:20	0.5	1:55	0.4	8:01	0.0	8:27	0.0	4:59	7:13	
3	Thu	2:12	0.4	2:47	0.4	8:45	0.0	9:19	0.0	5:00	7:12	
4	Fri	3:05	0.4	3:38	0.4	9:30	0.0	10:16	0.1	5:01	7:11	
5	Sat	3:56	0.4	4:26	0.4	10:20	0.1	11:19	0.1	5:02	7:09	
6	Sun	4:47	0.3	5:15	0.4	11:14	0.1			5:03	7:08	
7	Mon	5:39	0.3	6:06	0.4	12:22	0.1	12:12	0.1	5:04	7:07	
8	Tue	6:36	0.3	7:02	0.4	1:20	0.1	1:07	0.1	5:05	7:06	
9	Wed	7:36	0.3	7:58	0.4	2:12	0.1	1:59	0.1	5:05	7:05	
10	Thu	8:31	0.3	8:48	0.4	2:58	0.1	2:47	0.1	5:06	7:04	
11	Fri	9:20	0.4	9:31	0.4	3:42	0.1	3:34	0.1	5:07	7:02	
12	Sat	10:02	0.4	10:10	0.4	4:24	0.0	4:19	0.1	5:08	7:01	
13	Sun	10:41	0.4	10:46	0.4	5:05	0.0	5:03	0.1	5:09	7:00	
14	Mon	11:18	0.4	11:20	0.4	5:43	0.0	5:45	0.0	5:10	6:58	
15	Tue	11:53	0.4	11:53	0.4	6:19	0.0	6:25	0.0	5:11	6:57	
16	Wed			12:28	0.4	6:52	0.0	7:04	0.0	5:12	6:56	
17	Thu	12:27	0.4	1:04	0.4	7:23	0.0	7:42	0.0	5:13	6:54	
18	Fri	1:05	0.4	1:44	0.4	7:54	0.0	8:23	0.1	5:14	6:53	
19	Sat	1:50	0.4	2:32	0.4	8:28	0.0	9:12	0.1	5:15	6:52	
20	Sun	2:44	0.4	3:27	0.4	9:10	0.1	10:16	0.1	5:16	6:50	
21	Mon	3:45	0.3	4:25	0.4	10:09	0.1	11:32	0.1	5:17	6:49	
22	Tue	4:48	0.3	5:28	0.4	11:27	0.1			5:18	6:47	
23	Wed	5:57	0.3	6:36	0.4	12:45	0.1	12:45	0.1	5:19	6:46	
24	Thu	7:10	0.4	7:45	0.5	1:49	0.0	1:53	0.0	5:20	6:44	
25	Fri	8:19	0.4	8:46	0.5	2:46	0.0	2:54	0.0	5:21	6:43	
26	Sat	9:17	0.4	9:40	0.5	3:39	0.0	3:51	0.0	5:22	6:41	
27	Sun	10:09	0.4	10:30	0.5	4:30	0.0	4:46	0.0	5:23	6:40	
28	Mon	10:58	0.5	11:18	0.5	5:19	0.0	5:39	0.0	5:24	6:38	
29	Tue	11:46	0.5			6:05	0.0	6:29	0.0	5:25	6:37	
30	Wed	12:05	0.5	12:33	0.5	6:48	0.0	7:15	0.0	5:26	6:35	
31	Thu	12:52	0.4	1:20	0.5	7:29	0.0	8:01	0.0	5:27	6:34	