US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Mar 1731

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:46	0.4	4:13	0.3	10:46	0.0	10:40	0.0	6:34	5:52	
2	Fri	4:48	0.4	5:20	0.3			12:04	0.0	6:32	5:53	
3	Sat	5:56	0.4	6:32	0.3	12:07	0.0	1:14	0.0	6:31	5:54	
4	Sun	7:08	0.4	7:44	0.3	1:22	0.0	2:14	0.0	6:29	5:55	
5	Mon	8:15	0.4	8:47	0.4	2:26	0.0	3:09	0.0	6:28	5:56	
6	Tue	9:13	0.4	9:41	0.4	3:25	0.0	4:00	-0.1	6:26	5:57	
7	Wed	10:05	0.4	10:31	0.4	4:21	-0.1	4:50	-0.1	6:25	5:58	
8	Thu	10:54	0.5	11:19	0.5	5:14	-0.1	5:38	-0.1	6:23	5:59	
9	Fri	11:41	0.4			6:05	-0.1	6:23	-0.1	6:22	6:00	
10	Sat	12:06	0.5	12:29	0.4	6:53	-0.1	7:07	-0.1	6:20	6:01	
11	Sun	12:53	0.4	1:19	0.4	7:40	-0.1	7:48	-0.1	6:18	6:03	
12	Mon	1:41	0.4	2:10	0.4	8:26	0.0	8:30	0.0	6:17	6:04	
13	Tue	2:31	0.4	3:03	0.3	9:15	0.0	9:15	0.0	6:15	6:05	
14	Wed	3:22	0.4	3:56	0.3	10:10	0.0	10:08	0.1	6:14	6:06	
15	Thu	4:14	0.3	4:50	0.3	11:14	0.1	11:11	0.1	6:12	6:07	
16	Fri	5:07	0.3	5:45	0.3			12:19	0.1	6:10	6:08	
17	Sat	6:03	0.3	6:44	0.3	12:18	0.1	1:17	0.1	6:09	6:09	
18	Sun	7:04	0.3	7:43	0.3	1:18	0.1	2:07	0.0	6:07	6:10	
19	Mon	8:01	0.3	8:35	0.3	2:11	0.1	2:51	0.0	6:06	6:11	
20	Tue	8:50	0.3	9:18	0.4	2:59	0.0	3:32	0.0	6:04	6:12	
21	Wed	9:32	0.4	9:57	0.4	3:43	0.0	4:12	0.0	6:02	6:13	
22	Thu	10:10	0.4	10:33	0.4	4:27	0.0	4:50	0.0	6:01	6:14	
23	Fri	10:45	0.4	11:06	0.4	5:09	0.0	5:27	0.0	5:59	6:15	
24	Sat	11:19	0.4	11:39	0.4	5:51	0.0	6:03	0.0	5:57	6:16	
25	Sun	11:54	0.4			6:30	0.0	6:37	0.0	5:56	6:17	
26	Mon	12:12	0.4	12:31	0.4	7:09	0.0	7:10	0.0	5:54	6:18	
27	Tue	12:50	0.4	1:13	0.3	7:49	0.0	7:46	0.0	5:53	6:19	
28	Wed	1:35	0.4	2:04	0.3	8:32	0.0	8:26	0.0	5:51	6:20	
29	Thu	2:29	0.4	3:05	0.3	9:25	0.0	9:19	0.0	5:49	6:21	
30	Fri	3:31	0.4	4:08	0.3	10:32	0.0	10:34	0.0	5:48	6:22	
31	Sat	4:35	0.4	5:13	0.3	11:45	0.0	11:58	0.0	5:46	6:23	