US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Aug 1731

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:56	0.4	10:08	0.4	4:21	0.0	4:14	0.1	4:58	7:14	
2	Thu	10:37	0.4	10:46	0.4	5:03	0.0	4:58	0.0	4:59	7:13	
3	Fri	11:17	0.4	11:23	0.4	5:42	0.0	5:41	0.0	5:00	7:12	
4	Sat	11:56	0.4	11:58	0.4	6:19	0.0	6:22	0.0	5:01	7:11	
5	Sun			12:33	0.4	6:53	0.0	7:00	0.1	5:01	7:10	
6	Mon	12:31	0.4	1:10	0.4	7:25	0.0	7:36	0.1	5:02	7:09	
7	Tue	1:05	0.4	1:47	0.4	7:54	0.0	8:12	0.1	5:03	7:07	
8	Wed	1:41	0.4	2:26	0.4	8:23	0.1	8:51	0.1	5:04	7:06	
9	Thu	2:23	0.3	3:08	0.4	8:54	0.1	9:40	0.1	5:05	7:05	
10	Fri	3:12	0.3	3:55	0.4	9:34	0.1	10:46	0.1	5:06	7:04	
11	Sat	4:07	0.3	4:47	0.4	10:32	0.1	11:59	0.1	5:07	7:03	
12	Sun	5:07	0.3	5:46	0.4	11:49	0.1			5:08	7:01	
13	Mon	6:14	0.3	6:53	0.4	1:07	0.1	1:02	0.1	5:09	7:00	
14	Tue	7:27	0.3	8:00	0.5	2:07	0.0	2:07	0.0	5:10	6:59	
15	Wed	8:32	0.4	8:59	0.5	3:02	0.0	3:06	0.0	5:11	6:57	
16	Thu	9:29	0.4	9:52	0.5	3:55	0.0	4:04	0.0	5:12	6:56	
17	Fri	10:22	0.4	10:43	0.5	4:46	0.0	5:00	0.0	5:13	6:55	
18	Sat	11:12	0.5	11:33	0.5	5:36	-0.1	5:55	0.0	5:14	6:53	
19	Sun			12:03	0.5	6:24	-0.1	6:47	0.0	5:15	6:52	
20	Mon	12:24	0.5	12:55	0.5	7:09	-0.1	7:37	0.0	5:16	6:50	
21	Tue	1:16	0.5	1:48	0.5	7:54	0.0	8:29	0.0	5:17	6:49	
22	Wed	2:11	0.4	2:43	0.5	8:40	0.0	9:23	0.0	5:18	6:48	
23	Thu	3:07	0.4	3:38	0.4	9:30	0.0	10:25	0.1	5:19	6:46	
24	Fri	4:03	0.4	4:31	0.4	10:27	0.1	11:32	0.1	5:20	6:45	
25	Sat	4:58	0.4	5:25	0.4	11:29	0.1			5:21	6:43	
26	Sun	5:55	0.3	6:21	0.4	12:37	0.1	12:31	0.1	5:22	6:42	
27	Mon	6:55	0.3	7:20	0.4	1:35	0.1	1:29	0.1	5:22	6:40	
28	Tue	7:54	0.3	8:15	0.4	2:24	0.1	2:20	0.1	5:23	6:39	
29	Wed	8:46	0.4	9:02	0.4	3:09	0.1	3:06	0.1	5:24	6:37	
30	Thu	9:30	0.4	9:43	0.4	3:50	0.0	3:51	0.1	5:25	6:36	
31	Fri	10:10	0.4	10:21	0.4	4:30	0.0	4:34	0.0	5:26	6:34	