US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Jul 1748

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:52	0.4	2:52	0.4	8:48	0.0	8:55	0.1	4:35	7:32	
2	Tue	2:35	0.4	3:33	0.4	9:23	0.1	9:45	0.1	4:35	7:32	
3	Wed	3:22	0.4	4:16	0.4	10:04	0.1	10:49	0.1	4:36	7:32	
4	Thu	4:13	0.3	5:01	0.4	10:57	0.1			4:36	7:32	
5	Fri	5:07	0.3	5:54	0.4	12:00	0.1	11:58 AM	0.1	4:37	7:31	
6	Sat	6:10	0.3	6:54	0.4	1:06	0.1	1:00	0.0	4:38	7:31	
7	Sun	7:20	0.3	7:58	0.5	2:07	0.0	2:01	0.0	4:38	7:31	
8	Mon	8:29	0.4	8:58	0.5	3:04	0.0	3:00	0.0	4:39	7:30	
9	Tue	9:29	0.4	9:54	0.5	4:00	0.0	3:58	0.0	4:40	7:30	
10	Wed	10:25	0.4	10:47	0.5	4:55	0.0	4:57	0.0	4:40	7:30	
11	Thu	11:19	0.4	11:39	0.5	5:49	0.0	5:54	0.0	4:41	7:29	
12	Fri			12:14	0.4	6:39	-0.1	6:49	0.0	4:42	7:29	
13	Sat	12:33	0.5	1:09	0.4	7:26	-0.1	7:41	0.0	4:42	7:28	
14	Sun	1:27	0.5	2:05	0.4	8:13	0.0	8:33	0.0	4:43	7:28	
15	Mon	2:21	0.4	3:01	0.4	9:00	0.0	9:29	0.0	4:44	7:27	
16	Tue	3:16	0.4	3:53	0.4	9:49	0.0	10:31	0.1	4:45	7:27	
17	Wed	4:08	0.4	4:43	0.4	10:42	0.0	11:35	0.1	4:45	7:26	
18	Thu	5:00	0.4	5:33	0.4	11:37	0.0			4:46	7:25	
19	Fri	5:53	0.3	6:25	0.4	12:38	0.1	12:32	0.1	4:47	7:25	
20	Sat	6:51	0.3	7:20	0.4	1:35	0.1	1:24	0.1	4:48	7:24	
21	Sun	7:51	0.3	8:14	0.4	2:27	0.1	2:14	0.1	4:49	7:23	
22	Mon	8:45	0.3	9:03	0.4	3:14	0.1	3:01	0.1	4:50	7:22	
23	Tue	9:33	0.3	9:46	0.4	3:59	0.0	3:46	0.1	4:50	7:22	
24	Wed	10:17	0.4	10:25	0.4	4:42	0.0	4:32	0.1	4:51	7:21	
25	Thu	10:57	0.4	11:02	0.4	5:24	0.0	5:16	0.1	4:52	7:20	
26	Fri	11:36	0.4	11:37	0.4	6:03	0.0	5:58	0.1	4:53	7:19	
27	Sat			12:14	0.4	6:39	0.0	6:38	0.1	4:54	7:18	
28	Sun	12:10	0.4	12:51	0.4	7:12	0.0	7:15	0.1	4:55	7:17	
29	Mon	12:43	0.4	1:28	0.4	7:42	0.0	7:51	0.1	4:56	7:16	
30	Tue	1:18	0.4	2:06	0.4	8:11	0.0	8:30	0.1	4:57	7:15	
31	Wed	1:59	0.4	2:48	0.4	8:42	0.0	9:15	0.1	4:58	7:14	