US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Jul 1758

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:34	0.4	8:07	0.4	2:09	0.0	2:12	0.0	4:35	7:32	
2	Sun	8:32	0.4	8:58	0.5	3:02	0.0	3:01	0.0	4:35	7:32	
3	Mon	9:25	0.4	9:44	0.5	3:53	0.0	3:48	0.0	4:36	7:32	
4	Tue	10:12	0.4	10:27	0.5	4:41	0.0	4:35	0.0	4:36	7:32	
5	Wed	10:58	0.4	11:09	0.4	5:28	0.0	5:21	0.0	4:37	7:31	
6	Thu	11:42	0.4	11:50	0.4	6:11	0.0	6:05	0.0	4:37	7:31	
7	Fri			12:27	0.4	6:52	0.0	6:46	0.0	4:38	7:31	
8	Sat	12:30	0.4	1:12	0.4	7:30	0.0	7:26	0.1	4:39	7:31	
9	Sun	1:11	0.4	1:58	0.4	8:06	0.0	8:05	0.1	4:39	7:30	
10	Mon	1:54	0.4	2:45	0.4	8:43	0.0	8:46	0.1	4:40	7:30	
11	Tue	2:37	0.4	3:29	0.4	9:21	0.1	9:32	0.1	4:41	7:29	
12	Wed	3:21	0.4	4:12	0.4	10:03	0.1	10:28	0.1	4:41	7:29	
13	Thu	4:06	0.3	4:54	0.4	10:52	0.1	11:32	0.1	4:42	7:28	
14	Fri	4:52	0.3	5:38	0.4	11:45	0.1			4:43	7:28	
15	Sat	5:43	0.3	6:28	0.4	12:35	0.1	12:40	0.1	4:44	7:27	
16	Sun	6:43	0.3	7:23	0.4	1:32	0.1	1:33	0.1	4:44	7:27	
17	Mon	7:47	0.3	8:19	0.4	2:26	0.1	2:24	0.0	4:45	7:26	
18	Tue	8:46	0.4	9:11	0.5	3:18	0.0	3:16	0.0	4:46	7:26	
19	Wed	9:39	0.4	10:00	0.5	4:10	0.0	4:09	0.0	4:47	7:25	
20	Thu	10:30	0.4	10:50	0.5	5:02	0.0	5:04	0.0	4:48	7:24	
21	Fri	11:21	0.4	11:40	0.5	5:53	0.0	5:58	0.0	4:48	7:24	
22	Sat			12:14	0.4	6:42	-0.1	6:51	0.0	4:49	7:23	
23	Sun	12:33	0.5	1:09	0.4	7:30	-0.1	7:43	0.0	4:50	7:22	
24	Mon	1:28	0.5	2:07	0.4	8:17	0.0	8:37	0.0	4:51	7:21	
25	Tue	2:26	0.5	3:04	0.4	9:07	0.0	9:35	0.0	4:52	7:20	
26	Wed	3:23	0.4	4:00	0.4	10:01	0.0	10:40	0.0	4:53	7:19	
27	Thu	4:19	0.4	4:54	0.4	10:59	0.0	11:48	0.1	4:54	7:19	
28	Fri	5:14	0.4	5:49	0.4	11:58	0.0			4:55	7:18	
29	Sat	6:11	0.4	6:45	0.4	12:52	0.1	12:55	0.0	4:55	7:17	
30	Sun	7:12	0.4	7:43	0.4	1:51	0.0	1:49	0.0	4:56	7:16	
31	Mon	8:12	0.4	8:37	0.4	2:44	0.0	2:39	0.0	4:57	7:15	