US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Jul 1778

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:15	0.4	4:56	0.4	11:05	0.0	11:32	0.1	4:35	7:32	
2	Thu	5:04	0.4	5:44	0.4	11:57	0.0			4:35	7:32	
3	Fri	5:54	0.3	6:33	0.4	12:32	0.1	12:46	0.1	4:36	7:32	
4	Sat	6:47	0.3	7:24	0.4	1:26	0.1	1:32	0.1	4:36	7:32	
5	Sun	7:43	0.3	8:13	0.4	2:15	0.1	2:16	0.1	4:37	7:31	
6	Mon	8:35	0.3	8:59	0.4	3:01	0.1	2:59	0.1	4:38	7:31	
7	Tue	9:22	0.3	9:40	0.4	3:46	0.0	3:42	0.1	4:38	7:31	
8	Wed	10:06	0.3	10:19	0.4	4:31	0.0	4:26	0.1	4:39	7:31	
9	Thu	10:47	0.4	10:57	0.4	5:15	0.0	5:09	0.1	4:39	7:30	
10	Fri	11:26	0.4	11:33	0.4	5:57	0.0	5:52	0.1	4:40	7:30	
11	Sat			12:06	0.4	6:37	0.0	6:33	0.1	4:41	7:29	
12	Sun	12:10	0.4	12:45	0.4	7:15	0.0	7:11	0.1	4:42	7:29	
13	Mon	12:49	0.4	1:28	0.4	7:51	0.0	7:50	0.1	4:42	7:28	
14	Tue	1:32	0.4	2:13	0.4	8:28	0.0	8:33	0.1	4:43	7:28	
15	Wed	2:20	0.4	3:03	0.4	9:08	0.0	9:25	0.1	4:44	7:27	
16	Thu	3:13	0.4	3:53	0.4	9:55	0.0	10:31	0.1	4:45	7:27	
17	Fri	4:08	0.4	4:46	0.4	10:51	0.0	11:44	0.1	4:45	7:26	
18	Sat	5:05	0.4	5:42	0.4	11:52	0.0			4:46	7:26	
19	Sun	6:07	0.4	6:43	0.4	12:54	0.1	12:55	0.0	4:47	7:25	
20	Mon	7:16	0.4	7:48	0.5	1:57	0.0	1:55	0.0	4:48	7:24	
21	Tue	8:22	0.4	8:49	0.5	2:56	0.0	2:53	0.0	4:49	7:23	
22	Wed	9:23	0.4	9:45	0.5	3:52	0.0	3:50	0.0	4:49	7:23	
23	Thu	10:18	0.4	10:37	0.5	4:47	0.0	4:46	0.0	4:50	7:22	
24	Fri	11:12	0.4	11:28	0.5	5:40	0.0	5:42	0.0	4:51	7:21	
25	Sat			12:04	0.4	6:30	0.0	6:34	0.0	4:52	7:20	
26	Sun	12:18	0.5	12:57	0.4	7:17	0.0	7:23	0.0	4:53	7:19	
27	Mon	1:09	0.5	1:49	0.4	8:01	0.0	8:10	0.0	4:54	7:18	
28	Tue	2:00	0.4	2:41	0.4	8:45	0.0	8:59	0.1	4:55	7:17	
29	Wed	2:51	0.4	3:31	0.4	9:29	0.0	9:52	0.1	4:56	7:17	
30	Thu	3:40	0.4	4:18	0.4	10:16	0.1	10:50	0.1	4:57	7:16	
31	Fri	4:28	0.4	5:04	0.4	11:07	0.1	11:51	0.1	4:58	7:15	