US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Aug 1789

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:05	0.3	7:39	0.4	1:42	0.1	1:48	0.0	4:59	7:13	
2	Sun	8:07	0.4	8:34	0.4	2:35	0.0	2:40	0.0	5:00	7:12	
3	Mon	9:01	0.4	9:22	0.4	3:24	0.0	3:28	0.0	5:01	7:11	
4	Tue	9:48	0.4	10:05	0.4	4:09	0.0	4:14	0.0	5:02	7:10	
5	Wed	10:30	0.4	10:45	0.4	4:52	0.0	4:59	0.0	5:03	7:09	
6	Thu	11:10	0.4	11:23	0.4	5:33	0.0	5:42	0.0	5:03	7:08	
7	Fri	11:49	0.4			6:11	0.0	6:23	0.0	5:04	7:06	
8	Sat	12:01	0.4	12:27	0.4	6:46	0.0	7:01	0.1	5:05	7:05	
9	Sun	12:38	0.4	1:04	0.4	7:20	0.0	7:38	0.1	5:06	7:04	
10	Mon	1:15	0.4	1:42	0.4	7:51	0.0	8:14	0.1	5:07	7:03	
11	Tue	1:54	0.4	2:20	0.4	8:23	0.0	8:53	0.1	5:08	7:01	
12	Wed	2:37	0.4	3:01	0.4	8:56	0.1	9:40	0.1	5:09	7:00	
13	Thu	3:24	0.3	3:46	0.4	9:36	0.1	10:43	0.1	5:10	6:59	
14	Fri	4:14	0.3	4:36	0.4	10:32	0.1	11:54	0.1	5:11	6:57	
15	Sat	5:09	0.3	5:31	0.4	11:42	0.1			5:12	6:56	
16	Sun	6:11	0.3	6:34	0.4	1:00	0.1	12:51	0.1	5:13	6:55	
17	Mon	7:18	0.4	7:40	0.4	1:58	0.1	1:53	0.0	5:14	6:53	
18	Tue	8:21	0.4	8:40	0.5	2:51	0.0	2:51	0.0	5:15	6:52	
19	Wed	9:17	0.4	9:34	0.5	3:42	0.0	3:47	0.0	5:16	6:51	
20	Thu	10:08	0.5	10:25	0.5	4:32	0.0	4:42	0.0	5:17	6:49	
21	Fri	10:58	0.5	11:14	0.5	5:22	-0.1	5:37	0.0	5:18	6:48	
22	Sat	11:48	0.5			6:11	-0.1	6:30	0.0	5:19	6:46	
23	Sun	12:05	0.5	12:40	0.5	6:58	-0.1	7:21	0.0	5:20	6:45	
24	Mon	12:58	0.5	1:35	0.5	7:44	0.0	8:12	0.0	5:21	6:43	
25	Tue	1:53	0.4	2:31	0.5	8:31	0.0	9:07	0.0	5:22	6:42	
26	Wed	2:51	0.4	3:27	0.5	9:23	0.0	10:07	0.0	5:23	6:40	
27	Thu	3:49	0.4	4:23	0.4	10:22	0.0	11:13	0.1	5:23	6:39	
28	Fri	4:46	0.4	5:18	0.4	11:26	0.1			5:24	6:37	
29	Sat	5:44	0.4	6:15	0.4	12:19	0.1	12:30	0.1	5:25	6:36	
30	Sun	6:44	0.3	7:14	0.4	1:19	0.1	1:28	0.1	5:26	6:34	
31	Mon	7:45	0.4	8:09	0.4	2:11	0.1	2:20	0.1	5:27	6:33	