US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Mar 1790

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:52	0.5	11:21	0.4	5:13	-0.1	5:45	-0.1	6:33	5:53	
2	Tue	11:40	0.4			6:05	-0.1	6:32	-0.1	6:31	5:54	
3	Wed	12:11	0.5	12:31	0.4	6:55	-0.1	7:18	-0.1	6:30	5:55	
4	Thu	1:02	0.5	1:24	0.4	7:45	-0.1	8:04	-0.1	6:28	5:56	
5	Fri	1:57	0.4	2:21	0.4	8:37	-0.1	8:54	-0.1	6:27	5:57	
6	Sat	2:54	0.4	3:20	0.4	9:33	0.0	9:50	0.0	6:25	5:58	
7	Sun	3:51	0.4	4:18	0.3	10:37	0.0	10:55	0.0	6:24	5:59	
8	Mon	4:49	0.4	5:17	0.3	11:45	0.0			6:22	6:00	
9	Tue	5:47	0.4	6:18	0.3	12:03	0.0	12:50	0.0	6:20	6:01	
10	Wed	6:48	0.4	7:22	0.3	1:08	0.0	1:48	0.0	6:19	6:02	
11	Thu	7:49	0.4	8:20	0.3	2:05	0.0	2:39	0.0	6:17	6:03	
12	Fri	8:43	0.4	9:09	0.4	2:55	0.0	3:24	0.0	6:16	6:04	
13	Sat	9:28	0.4	9:51	0.4	3:41	0.0	4:05	0.0	6:14	6:05	
14	Sun	10:09	0.4	10:29	0.4	4:25	0.0	4:45	0.0	6:12	6:06	
15	Mon	10:48	0.4	11:06	0.4	5:07	0.0	5:24	0.0	6:11	6:07	
16	Tue	11:25	0.4	11:40	0.4	5:48	0.0	6:00	0.0	6:09	6:08	
17	Wed			12:01	0.4	6:26	0.0	6:34	0.0	6:08	6:09	
18	Thu	12:14	0.4	12:37	0.4	7:03	0.0	7:07	0.0	6:06	6:10	
19	Fri	12:46	0.4	1:13	0.3	7:38	0.0	7:38	0.0	6:04	6:11	
20	Sat	1:17	0.4	1:52	0.3	8:12	0.0	8:09	0.0	6:03	6:12	
21	Sun	1:53	0.4	2:36	0.3	8:49	0.0	8:43	0.0	6:01	6:13	
22	Mon	2:37	0.4	3:26	0.3	9:35	0.1	9:28	0.1	6:00	6:14	
23	Tue	3:30	0.4	4:20	0.3	10:39	0.1	10:34	0.1	5:58	6:15	
24	Wed	4:28	0.4	5:18	0.3	11:52	0.1	11:55	0.1	5:56	6:16	
25	Thu	5:31	0.4	6:22	0.3			12:58	0.0	5:55	6:17	
26	Fri	6:39	0.4	7:27	0.4	1:07	0.0	1:55	0.0	5:53	6:18	
27	Sat	7:47	0.4	8:27	0.4	2:09	0.0	2:48	0.0	5:51	6:19	
28	Sun	8:47	0.4	9:21	0.4	3:06	0.0	3:38	-0.1	5:50	6:20	
29	Mon	9:41	0.4	10:11	0.5	4:01	-0.1	4:28	-0.1	5:48	6:21	
30	Tue	10:32	0.5	11:00	0.5	4:55	-0.1	5:18	-0.1	5:47	6:22	
31	Wed	11:22	0.5	11:49	0.5	5:48	-0.1	6:08	-0.1	5:45	6:23	